



## *Pimenta dioica* (L.) Merr.

**Family:** Myrtaceae

**Common name:** Allspice

**Importance:**

- It is used as a spice in various dishes.
- Allspice is used for indigestion (dyspepsia), bloating, abdominal pain, heavy menstrual periods, vomiting, diarrhea, fever, colds, high blood pressure, diabetes, and obesity.