



**DIRECTORATE OF SPORTS & PHYSICAL EDUCATION,**  
**UNIVERSITY OF JAMMU**  
**("A+" Grade University-Accredited by NAAC)**

**Date Sheet of B.P.Ed. I Semester (Non-CBCS) 2024-2026**

**Internal Assignments**

**Duration: 1.30 hours.**

**M.Marks:20**

S.No.	Date	Course No.	Course Title	Timing
1.	08-10-2024	CC-101	History, Principles and Foundation of Physical Education	3:00 pm
2.	09-10-2024	CC-102	Anatomy and Physiology	11:00 am
3.	10-10-2024	CC-103	Health Education and Environmental Studies	10:00 am
4.	10-10-2024	CC-104	Computer Applications in Physical Education	4:00 pm

**(Dr. Daud Iqbal Baba)**  
HOD, Physical Education



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**Date Sheet of B.P.Ed. III Semester (Non-CBCS) 2024-25**

**Internal Assignments**

**Duration: 1.30 hour**

**M.Marks:20**

S.No	Date	Course code	Course Title	Timing
1.	08-10-2024	CC-301	Officiating and Coaching	3:00 Pm
2.	09-10-2024	CC-302	Sports Psychology and Sociology	11:00 am
3.	10-10-2024	CC-303	Sports medicine ,Physiotherapy and Rehabilitation	10:00 am
4.	10-10-2024	CC-304	Olympic Movement	4:00 Pm

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