

Curcuma longa L.

Family: Zingiberaceae

Common name: Turmeric

Local name: Haldi

Importance:

- ANTERSITA OF JAMINIO Turmeric is used extensively in foods for both its flavor and color.
- Curcuma longa is a native subcontinent herb and has extensive application as a home remedy for various ailments, nutritional spice, and food preservative.