

F JAMM Sambucus canadensis L.

Family: Viburnaceae

Common name: American elderberry

Importance:

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- Its flowers and fruits are used in winemaking.
- It is an edible fruit and when cooked can be used in pies, pancakes and jellies.
- The leaves and inner bark can be used as an insecticide and a dye.

Its homoeopathic medicine is used in treating respiratory and urinary disorders.