

## OF JAMMU Ficus benghalensis L.

## **Family: Moraceae**

Common name: Indian banyan

Local name: Bhoordh badhoi

## **Importance:**

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- Banyan is extensively used for eliminating 🏷 bacteria from the intestines that cause diarrhoea and other intestinal infections.
- The wealth of hypoglycemic properties in Banyan holds high importance in alleviating the blood sugar levels of the body.