

ATTY OF JAMMU Elsholtzia fruticosa (D.Don) Rehder

Family: Lamiaceae

Common name: Ji gu chai

Local name: Dharu salaye

Importance:

DERAR

- The powdered seeds are used as a condiment for flavouring foodstuffs.
- The fuice of the roots is used to relieve headaches.

The powdered plant is used for incense.