



Cycas rumphii Miq.

Family: Cycadaceae

Common name: Malayan fern palm

Importance:

- Leaves are used to treat headache and severe body pain.
- Roots of the plant was made into a paste and administered orally to a snake-bitten patient.
- The trunk of the cycad contains a starchy pith from which sago can be prepared by drying, grinding and washing.
- The bark, seeds and sap are used in poultices to treat sores.