

SE JAMMU Cycas revoluta Thunb.

Family: Cycadaceae

Common name: Japanese sago palm

Importance:

- For making boxes and bottle stands.
- Used as a traditional medicine to cure blood vomiting, flatulence, skin diseases, hypertension.
- Further treats gastrointestinal distress, cough, blood pressure and snake bite.
- Helps in hair growth, is an astringent, a diuretic, used in dressing wounds, treating swollen glands and purifies stomach.