




**DIRECTORATE OF SPORTS & PHYSICAL EDUCATION, UNIVERSITY OF JAMMU**  
(“A+” Grade University-Accredited by NAAC)

**Circular**

In view of International Yoga Day on 21<sup>st</sup> June 2024, Directorate of Sports and Physical Education, University of Jammu is going to organize 3-day Yoga Workshop in the Gymnasium Hall of the Directorate of Sports and Physical Education, University of Jammu *w.e.f 19<sup>th</sup> to 21<sup>st</sup> June 2024 at 7:00 am*. In this connection, all the Employees, Scholars and Students of the University of Jammu are invited to participate in the Yoga Workshop.

Interested participants are requested to kindly register themselves by submitting their names for Yoga Workshop to concerned Yoga Teacher Mr. Sanjeev Kumar on or before 15<sup>th</sup> June 2024.

  
(Dr. Daud Iqbal Baba)  
Director

**No: PE/24/ 3014**

**Date: 11.06.2024**