



# UNIVERSITY OF JAMMU

(NAAC ACCREDITED 'A ++' GRADE' UNIVERSITY)  
Baba Sahib Ambedkar Road, Jammu-180006 (J&K)

Academic Section

Email: [academicsectionju14@gmail.com](mailto:academicsectionju14@gmail.com)

## **NOTIFICATION** **(25/Oct./Adp./114)**

It is hereby notified for the information of all concerned that the Vice-Chancellor, in anticipation of the approval of the Academic Council, is pleased to authorize the adoption of the syllabi and courses of studies for **Post Graduate Programme in Buddhist Studies** under **NEP-2020** as per details given below:-

### **Two Year Post Graduate Programme under NEP-2020**

Subject	Semester	For the examinations to be held in the year
Buddhist Studies	Semester-I	December 2025, 2026 and 2027
	Semester-II	May 2026, 2027 and 2028
	Semester-III	December 2026, 2027 and 2028
	Semester-IV	May 2027, 2028 and 2029

### **One Year Post Graduate Programme under NEP-2020**

Subject	Semester	For the examinations to be held in the year
Buddhist Studies	Semester-I	December 2026, 2027 and 2028
	Semester-II	May 2027, 2028 and 2029

The Syllabi of the courses are also available on the University website:  
[www.jammuuniversity.ac.in](http://www.jammuuniversity.ac.in)

Sd/-  
DEAN ACADEMIC AFFAIRS

No. F. Acd/II/25/1114-125

Dated: 13/10/25

Copy for information and necessary action to:

1. Dean, Faculty of Arts
2. Convener, Board of Studies in **Buddhist Studies**
3. Director, CITES&M, University of Jammu for directing the concerned to upload the notification on University Website
4. All members of the Board of Studies
5. Joint Registrar (Evaluation/P.G. Exam.)
6. Programmer, Computer Section, Examination Wing

*Abuoca*  
10/10/25  
Joint Registrar (Academic)

*HS* 9/11/25  
*M* 9/10/25

# **ONE-YEAR PG BUDDHIST STUDIES PROGRAMME**

## **UNDER NATIONAL EDUCATION POLICY- 2020**

### **Course-wise Details**

S. No.	Course No.	Course Title	No. of Credits	Credits Level	Credit Points	Course Type (Core/ Elective)	Marks (Theory/ Practical)	Nature of Course (Global/ National/ Regional/ Skill)	Research Project/ Summer Internship/ Dissertation
<b>SEMESTER – I</b>									
1.	PIBSTC101	Origin and Development of Buddhism	4	7.0	28	Core	Theory-100	Global	--
2.	PIBSTC102	Theravada Pali language and Literature	4	7.0	28	Core	Theory-100	Global	--
3.	PIBSTC103	Mahayana Philosophy and Sanskrit Literature	4	7.0	28	Core	Theory-100	Global	--
4.	PIBSTC104	Buddhist Art, Architecture and Iconography in India and Abroad	4	7.0	28	Core	Theory-100	Global	--
5.	PIBSTE105	Buddhist Ethics	4	7.0	28	Elective	Theory-100	Global	--
6.	PIBSTE106	Buddhist Psychology, Meditation, and mind Sciences	4	7.0	28	Elective	Theory-100	Global	--
7.	PIBSPC107	Practical	4	7.0	28	Core	Practical-100	Global/Skill	--
<b>Total Credits = 24</b>									
<b>SEMESTER – II</b>									
1.	PIBSTC201	History of Buddhism in Jammu, Kashmir and Ladakh	4	7.0	28	Core	Theory-100	Global	--
2.	PIBSTE202	Recent Trends in Buddhism	4	7.0	28	Elective	Theory-100	Global	--
3.	PIBSTE203	Buddhist Tourism	4	7.0	28	Elective	Theory-100	Global	--
4.	PIBSRC204	Dissertation	16	7.0	28	Core	Dissertation-400	Global/Skill	--

**Total Credits = 24**

#### **Note:**

1. A student has to earn atleast 48 credits for the award of **One-Year Degree in Master of Buddhist Studies**.
2. A Students are required to opt for **any one of the two elective courses in 2<sup>nd</sup> semesters**.



**UNIVERSITY OF JAMMU**  
**CHOICE BASED CREDIT SYSTEM**  
**FOR ONE YEAR POST GRADUATE PROGRAMME**  
**IN THE DEPARTMENT OF BUDDHIST STUDIES**  
**W.E.F. THE ACADEMIC YEAR 2025**

**Nomenclature of Post Graduate Courses in Buddhist Studies**

Nomenclature of courses will be done in such a way that the course code will consist of eleven characters.

- The first character 'P' stands for Post Graduate.
- The second character '1' stands for one year PG.
- Next two characters will denote the Subject Code.

Subject	Subject Code
Buddhist Studies	BS

**Nomenclature of PG Courses**

**P2BSTC101**

<b>P</b>	<b>POST GRADUATE</b>
<b>1</b>	<b>ONE YEAR PG</b>
<b>BS</b>	<b>BUDDHIST STUDIES (SUBJECT CODE)</b>
<b>T</b>	<b>THEORY (NATURE OF COURSE)</b>
<b>C</b>	<b>COMPULSORY</b>
<b>1</b>	<b>SEMESTER NUMBER</b>
<b>01</b>	<b>COURSE NUMBER</b>
<b>VO</b>	<b>VOCATIONAL</b>
<b>P</b>	<b>PRACTICAL</b>
<b>E</b>	<b>ELECTIVE</b>
<b>MO</b>	<b>MOOC/SWAYAM</b>



## Semester wise Distribution of Courses and Credits

### SEMESTER- I

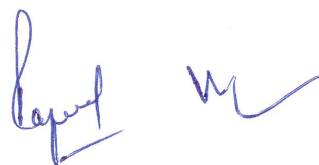
Course code	Paper	Credits
P1BSTC101	Origin and Development of Buddhism	4
P1BSTC102	Theravada Philosophy and Pali Literature	4
P1BSTC103	Mahayana Philosophy and Sanskrit Literature	4
P1BSTC104	Buddhist Art, Architecture and Iconography in India and Abroad	4
P1BSTE105	Buddhist Ethics	4
P1BSTE106	Buddhist Psychology, Meditation and Mind Science	4
P1BSPC107	Practical	4

Total Credits= 24

### SEMESTER- II

Course code	Paper	Credits
P1BSTC201	History of Buddhism in Jammu, Kashmir & Ladakh	4
P1BSTE202	Recent Trends in Buddhism	4
P1BSTE203	Buddhist Tourism	4
P1BSRC204	Dissertation	16

Total Credits=24





### Scheme of Examination: (for 4 credits course having Four Units)

The student shall be continuously evaluated during the conduct of each course on the basis of his/her performance as follows:

MCQ on LMS + Subjective Test	Syllabus to be covered in the examination	Time allotted for the examination	%Weightage (Marks)	
TEST I (after 30 days)	25%	1 hour	10 + 10	
TEST II (after 60days)	26 to 50%	1 hour	10 + 10	
Theory	Syllabus to be covered in the examination	Time allotted for the examination	%Weightage (Marks)	
Major test (after 90 days)	100%	2 ½ hours	60	
Total			100	
Practical / Research (thesis/project/dissertation)				
MCQ on LMS + Subjective Test	Time allotted for the examination	%Weightage (Marks)		
Mid Term appraisal	4 hours	25%		
External Examination	4 hours	75%	50%	Project Report
			25%	Viva -Voce
Total				100

#### Test I and Test II

The Subjective Test of Test I and Test II would consist of three short answer type questions (05 marks each). Students are required to answer two questions. **No preparatory holidays shall be provided for the Test I and Test II.** Those candidates who have appeared in Test I and Test II and failed to get the minimum required marks i.e. 14 out of 40 will be eligible to re-appear in the Test I and Test II only once.

#### Major Test

The Major test will comprise of two sections, Section-A and Section-B. Section-A will have one compulsory question comprising of 10 parts (minimum 02 from each unit) of 03 marks each. Section B will have 04 questions of 15 marks each to be set from the last two units (02 from each unit). Students are required to attempt 01 question from each unit of section B. **In major test there should not be a gap of more than two days in between two tests.**

#### External Practical/ Research (thesis/project/dissertation) examination

External Practical/ Research examination shall be conducted by Board of Examiners consisting of Head of the Department, one/two Senior Professors of concerned department, concerned teacher and outside expert to be appointed by the Vice-Chancellor out of the panel to be provided by the Head of the Department who shall evaluate/assess final practical performance/ dissertation of the students.



**One year PG Programme under NEP 2020.**

**FIRST SEMESTER  
DETAILED SYLLABUS**

**Course No. P1BSTC101**

Credits: 4

**Title: Origin and Development of Buddhism**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**Objectives:** Acquaintance with the background, rise and development of Buddhism in the land of its origin.

**SYLLABUS**

**UNIT I: Life of Siddhārtha Gautama**

1. Birth, Renunciation, Enlightenment,
2. Dharmachakrapravartana and Mahaparinirvana
3. Eight Great Holy Places – (Lumbini, Bodhgaya, Sarnath and Kusinara Vaisali, Rajgir, Sravasti and Sankassa)

**UNIT II: Origin and Development of the Buddhist Saṅgha**

1. Origin of the Buddhist Sangha
2. Early Development of the Buddhist Sangha upto First Century BCE
3. Later Development of the Buddhist Sangha upto Tenth Century CE

**UNIT III: Royal Patronage and Buddhist Councils**

1. King Ajatashatru and First Buddhist Council
2. King Kalashoka and Second Buddhist Council
3. King Ashoka and King Kaniska: Third & Fourth Buddhist Councils

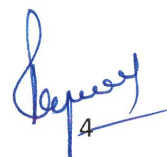
**UNIT IV: Buddhism during Chinese Travellers and Pala Dynasty**

1. Faxian, Xuanzang and I-tsing
2. Buddhism during the Pala Period
3. The Rise of Tantric Buddhism

**Note for Paper Setters:**

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.



**One year PG under NEP 2020.**

**FIRST SEMESTER**

**DETAILED SYLLABUS**

**Course No. PIBSTC101**

Credits: 4

**Title: Origin and Development of Buddhism**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

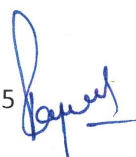
Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**BOOKS RECOMMENDED:**

1. A. K. Narain: Studies in the History of Buddhism
2. A. L. Basham: A Cultural History of India, Oxford, 1984
3. A. L. Basham: The Wonder That was India, 1954.
4. B. M. Barua: A History of Pre-Buddhist Indian Philosophy, Motilal Banarasidass, Delhi, 1970
5. B. M. Barua: Ajivikas, Kolkata, 1920
6. B. M. Barua: Asoka and His Inscriptions, Kolkata, 1946
7. B. M. Barua: Inscriptions of Asoka, Kolkata, 1934
8. B. M. Barua: Prolegomena to the History of Buddhist Philosophy, Kolkata, 1918
9. Buddha Prakash: Aspects of Indian History and Civilization, Agra, 1965.
10. Buddha Prakash: Studies in Indian History and Civilization, Agra, 1965.
11. D. C. Sircar: Inscriptions of Asoka, Publication Division, Govt. of India, Delhi
12. D. P. Agrawal: The Archaeology of India, London, 1982
13. G. C. Pandey: Bauddha Dharma ke Vikas ki Itihas
14. G. C. Pandey: Studies in the Origins of Buddhism
15. J. Takakusu: I-tsing, Oxford
16. K. T. S. Sarao: The Origin and Nature of Ancient Indian Buddhism, Eastern Book Linkers, Delhi, 1988.
17. K. T. S. Sarao: Urban Centres and Urbanization, Munshiram Manoharlal Publishers Pvt. Ltd, Delhi, 2010.
18. L. M. Joshi: Studies in the Buddhist Culture of India
19. N. Dutt: Buddhist Sects in India, New Bharatiya Book Corporation, Delhi, 2012.
20. P. V. Bapat : 2500 Years of Buddhism, Publication Division, Govt. of India, Delhi.
21. Percy Brown: Indian Architecture
22. R. C. Majumdar (ed): Age of Imperial Kanauj, Bharatiya Vidya Bhawan, Mumbai
23. R. C. Majumdar (ed): The Age of Imperial Unity, Bharatiya Vidya Bhawan, Mumbai
24. R. C. Majumdar (ed): The Classical Age, Bharatiya Vidya Bhawan, Mumbai
25. R. G. Bhandarkar: Vaiṣṇavism, Śaivism and Minor Religious Systems, Poona (Collected Works)
26. R. K. Mukerjee: Ancient India
27. R. K. Mukerjee: Asoka
28. R. N. Singh: *Buddhism: From Genesis To Decline*, New Bhartiya Book Corporation, Delhi, 2007.
29. S. B. Dasgupta (ed): Introduction to Tantric Buddhism, Kolkata, 1974
30. S. Beal: Si-yu-ki, Buddhist Records of the Western World
31. S. R. Goyal: History of Buddhism in India, Kusumanjali Prakashan, Meerut, 1987.



5 

32. S. Priyasan: Bharat ke Pramukh Buddha Tirth Sthal, Delhi University Delhi, 2016.





**One year PG Programme under NEP 2020.**  
**FIRST SEMESTER**  
**DETAILED SYLLABUS**

**Course No. P1BSTC102**

Credits: 4

**Title: Theravada Philosophy and Pali Literature**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**Objectives:** Acquaintance with the religious, ethical, philosophical, social and cultural conditions of the land at the time of the Buddha that led to the origin and development of Buddhist philosophy and religious faith, and also to get primary knowledge of the basic Buddhist tenets.

**SYLLABUS**

**UNIT I: Four Noble Truths (Cattari Ariya Saccani)**

1. Suffering, Cause of Suffering and Cessation of Suffering
2. The Path leading to Cessation of Suffering
3. Theory of Dependent Origination (Paticcasamuppada)

**UNIT II: Three Characteristics and Four Reals (Trilakkhana and Catudha Paramattha)**

1. Anicca, Dukkha, Anatta
2. Citta, Cetasika
3. Rupa, Nibbana

**UNIT III: Pali Canonical Literature**

1. Vinaya Pitaka
2. Sutta Pitaka
3. Abhidhamma Pitaka

**UNIT IV: Pali Extra Canonical, Commentarial and Vamsa Literature**

1. Anupitaka Literature (Milindapanho, Nettippakarana and Petakopadesa)
2. Atthakathā Literature (Buddhadatta, Buddhaghosa and Dhammapala)
3. Vamsa Literature

**Note for Paper Setters:**

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.



**One year PG Programme under NEP 2020.**  
**FIRST SEMESTER**  
**DETAILED SYLLABUS**

**Course No. P1BSTC102**

Credits: 4

**Title: Theravada Philosophy and Pali Literature**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**BOOKS RECOMMENDED:**

1. B. C. Law: History of Pali Literature (2 vols.), Indological Book House, Delhi, 1983.
2. M. Winternitz: A History of Indian Literature (Vol. II), Oriental Book Reprint Corporation, Delhi, 1968.
3. Bharat Singh Upadhyay, PaliSahityakaItihas, SahityaSammelan, Prayag (Allahabad)
4. Rahul Sankrityayan: PaliSahityakaItihas, Hindi Samiti, UP Govt., Lucknow, 1973
5. BhikshuDharmarakshit: PaliSahityakaItihas, Gyanmandal, Varanasi
6. L. N. Tiwary&Birbal Sharma: KaccāyanaVyākaraṇa, Tara Publications, Varanasi
7. Ram Awadh Pandey: PaliVyākaraṇa, MotilalBanarsidass, Delhi.
8. BhikshuJagdishKashyap: PaliMahāvīyākaraṇa, MotilalBanarsidass, Delhi.
9. Bimalendra Kumar (ed.): Gandhavaṃsa, Eastern Book Linkers, Delhi.
10. P. Dubey (ed.): Dāṭhāvaṃsa, DivyaPrakashan, Varanasi, 1987.
11. K.L. Hazra: Pali Language and Literature (2 vols), DK Printworld Pvt. Ltd., Delhi, 1998.
12. S. Priyasan: PaliParichaya, Eastern Book linkers, Delhi.



8

**One year PG Programme under NEP 2020.**

**FIRST SEMESTER**

**DETAILED SYLLABUS**

**Course No. P1BSTC103 Title: Mahayana Philosophy and Buddhist Sanskrit Literature**

Credits: 4

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**Objectives:** A brief survey of the origin and development of Pali Language and its history.

**SYLLABUS**

**Unit- I: Realistic Schools of Buddhist Philosophy**

1. APriori (Bahyanumeyavada) and A Posteriori (Bahyapratyakhavada)
2. Vaibhasika School of Buddhist Philosophy
3. Sautrantika School of Buddhist Philosophy

**Unit- II: Idealistic Schools of Buddhist Philosophy**

1. Satyadvaya (Two Truths) and Consciousness
2. Madhyamika (Sunnyavada) School of Buddhist Philosophy
3. Yogacara (Vijnanavada) School of Buddhist Philosophy

**Unit- III: Buddhist Vibhasa Literature**

1. VinayaVibhasaSastra
2. UpadesaVibhasaSastra
3. AbhidharmaVibhasaSastra

**Unit- IV: Introduction to Vaipualya Sutras**

1. AstasahasrikaPrajnaparamita, Lankavatara, Lalitavistara
2. Saddharmapundrika, Suvarna-Prabhasa, Gandavyuha
3. Tathagata-guhyaka, Samadhi-raja and Dasabhumisvarasutra

**Note for Paper Setters:**

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.

**One year PG Programme under NEP 2020.**

**FIRST SEMESTER**

**DETAILED SYLLABUS**

**Course No. P1BSTC103**

Credits: 4

**Title: History of Pali Language and Literature**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**BOOKS RECOMMENDED:**

1. B. C. Law: History of Pali Literature (2 vols.), Indological Book House, Delhi, 1983.
2. M. Winternitz: A History of Indian Literature (Vol. II), Oriental Book Reprint Corporation, Delhi, 1968.
3. Bharat Singh Upadhyay, PaliSahityakaItihas, SahityaSammelan, Prayag (Allahabad)
4. Rahul Sankrityayan: PaliSahityakaItihas, Hindi Samiti, UP Govt., Lucknow, 1973
5. BhikshuDharmarakshit: PaliSahityakaItihas, Gyanmandal, Varanasi
6. L. N. Tiwary&Birbal Sharma: KaccāyanaVyākaraṇa, Tara Publications, Varanasi
7. Ram Awadh Pandey: PaliVyākaraṇa, MotilalBanarsidass, Delhi.
8. BhikshuJagdishKashyap: PaliMahāvyākaraṇa, MotilalBanarsidass, Delhi.
9. Bimalendra Kumar (ed.): Gandhavaṃsa, Eastern Book Linkers, Delhi.
10. P. Dubey (ed.): Dāṭhāvaṃsa, DivyaPrakashan, Varanasi, 1987.
11. K.L. Hazra: Pali Language and Literature (2 vols), DK Printworld Pvt. Ltd., Delhi, 1998.
12. S. Priyasen: PaliParichaya, Eastern Book linkers, Delhi.





# One year PG Programme under NEP 2020.

## FIRST SEMESTER

### DETAILED SYLLABUS

Course No. P1BSTC104

Title: **Buddhist Art, Architecture and Iconography  
in India and Abroad**

Credits: 4

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

#### OBJECTIVES:

- MethodsofSocialScienceResearchanditsvariouskindswithfocusonBuddhistStudies
- Preparation of a Research Report andStylesforCitingandReferencingconcerning Buddhist Studies with otherdisciplines
- ResearchHypothesis,FormulationofHypothesisandProblemsassociated withitandsignificance ofthesame

#### SYLLABUS

**Unit- I: Origin and Development of images of the Buddha and Bodhisattvas**

1. Origin of Symbolism
2. Origin of Images of the Buddha
3. Iconographical Study of Avalokiteśvara, Tārā and Maitreya

**UNIT- II: Origin and Development of the Buddhist Architecture**

1. Origin and Development of Stūpas andCaityas
2. Monasteries and Nunnries
3. Rockcut caves in India

**UNIT-III: The Schools of Buddhist Art**

1. Gandhara
2. Mathura
3. Amaravati and Nagarjunakonda

**UNIT-IV: Art, Architecture and Iconography in South and South-East**

1. Art and Architecture of Borobudur
2. Art and Architecture of Angkor-wat
3. Art and Architecture of Anuradhapuraand Afghanistan

#### Note for Paper Setters:

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.

**One year PG Programme under NEP 2020.**



11

**FIRST SEMESTER  
DETAILED SYLLABUS**

**Course No. P1BSTC104**

**Title: Buddhist Art, Architecture and Iconography in  
India and Abroad**

Credits: 4

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**BOOKS RECOMMENDED:**

1. Brown, Percy. *Indian Architecture (vol. I, Hindu and Buddhist)*. Bombay
2. Bhattacharya, B., (1968). *Indian Buddhist Iconography*. Calcutta.
3. Mukhopadhyaya, K. L. (1954-57). *Bhartiya Vidya Bhawan Series (vols. 2, 3, 4,5)*. Bombay.
4. Fergusson, J. (1910). *History of Indian Architecture. vol. I*. London.
5. Mitra, D. (1971). *Buddhist Monuments*. Calcutta.
6. Commarswamy, A. K. *History of Indian and Indonesia Art*.
7. Das, Rai Krishna. *Bhartiya Murtikala*
8. Kay, John. *India Discovered*.
9. Cravan, R.C. *Indian Art*.
10. Havell, E.B. *The Art Heritage of India*.
11. Marshal, John. *The Buddhist Art of Gandhāra*.
12. Foucher, A. *The Beginning of Buddhist Art*.
13. Compbell, Joseph. (ed.). *The Art of India Asia by Heinrich Zimmer. Bollingen. Series XXXIX, vols. I & II*.
14. Vogel, J.P. *Buddhist Art in India, Ceylon and Jāvā*.
15. Smith, V.A. *History of Fine Art in India and Ceylone*



12 

**One year PG Programme under NEP 2020.**

**FIRST SEMESTER**

**DETAILED SYLLABUS**

**Course No. P1BSTE105**

Credits: 4

**Title: Buddhist Ethics**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**OBJECTIVES:** Knowledge of the background and history of the formulation of rules and regulations for the guidance in monastic life.

**SYLLABUS**

**UNIT I: Buddhist Ethical Teachings of the Buddha**

1. The Ten Precepts
2. The Eight Fold Path
3. The Ten Perfections

**UNIT II: Buddhist concept of Brahmavihāra**

1. Metta
2. Karuna
3. Mudita and Upekkha

**UNIT III: Buddhist Ethics of Karma and Rebirth**

1. Concept of Karma in Buddhism
2. Concept of Rebirth in Buddhism
3. Dialectics of Karma and Rebirth

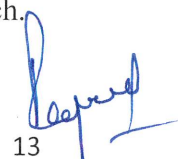

**UNIT-IV: Buddhist Ethical Concepts**

1. Buddhist Concept of Euthanasia. Suicide and Capital Punishment
2. Buddhist Concept of Human Rights
3. Buddhist Concept of Environment

**Note for Paper Setters:**

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.



**One year PG Programme under NEP 2020.**

**FIRST SEMESTER  
DETAILED SYLLABUS**

**Course No. PIBSTE105**  
Credits: 4

**Title: Buddhist Ethics**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

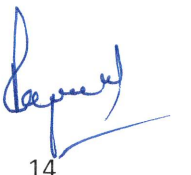
Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**BOOKS RECOMMENDED:**

1. Mahesh Tiwaryed: Mahāvagga (Part 1), Delhi University Publication
2. Swami DwarikadasShastri (ed.): Pātimokkha, BauddhaBharati, Varanasi.
3. Bhag Chandra Jain (ed. & tr.): Pātimokkha, MamataPrakashan, Nagpur, 1966.
4. R. D. Wadekar (ed.): Pātimokkha, Bhandarkar Oriental Research Institute, Pune, 1939.
5. Sanghasen Singh (ed.): SphuṭārthāŚrīghanācārasaṅgrahaṭīkā, K. P. Jaiswal Research Institute, Patna, 1968.
6. A. C. Banerjee: Sarvāstivāda Literature, The World Press LTD. Calcutta, 1979.
7. N. Dutt: Gilgit Manuscripts.





# One year PG Programme under NEP 2020.

## FIRST SEMESTER

### DETAILED SYLLABUS

Course No. P1BSTE106

Title: Buddhist Psychology, Meditation & Mind Science

Credits: 4

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**OBJECTIVES:** Gradual intensive knowledge of the Pali texts and early Abhidhammic Philosophy contained therein.

### SYLLABUS

#### UNIT I: Introductory Concepts to Buddhist Meditation (Dhyana)

1. Etymology, Definitions, Purpose,
2. Types of Meditations, Stress in Education and Mindfulness
3. Scientific Benefits of Mindfulness

#### UNITY II: Buddhist Meditation

1. Samatha Meditation
2. Vipassanā Meditation
3. Objects of Meditation (Kammaṭṭhānas)

#### UNIT III: Buddhism, Psychology and Science

1. Buddhist Concept of Mind in Early Buddhism
2. Buddhist Psychology and Cognitive Sciences
3. Buddhist Theory of Personality and Perfection of Human Beings

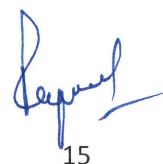
#### UNIT-IV: Buddhist Psychotherapy

1. Nature of Counselling
2. Theoretical Orientations in Buddhist Psychotherapy
3. Mindfulness based Therapeutic Orientations

#### Note for Paper Setters:

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.



**One Year PG Programme under 2020.**

**FIRST SEMESTER  
DETAILED SYLLABUS**

**Course No. P1BSTE106**

**Title: Buddhist Psychology, Meditation & Mind Science**

Credits: 4

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**BOOKS RECOMMENDED:**

1. Davids, Mrs. Rhys. (1974). *Buddhist Psychological Ethics*. PTS. London.
2. Law, B.C. (1922). *A Designation of Human Types*.
3. R. Morris, R. (1972). (ed.). *Puggalapāṇṇāti*. PTS. London.
4. Davids, Mrs. Rhys. (ed.). (1914). *Puggalapāṇṇāti*. PTS. London.
5. Sayado, Ledi. *Philosophy of Relations*. PTS. London. 104.
6. Mukherjee, Satkari. (Volume II). *NavNalandaMahavihara Research Volume II*.
7. Kashyap, Bhikkhu J. *Abhidhamma Philosophy*. Motilal Banarsidass. Delhi
8. Narada, U. (tr.). (1969, 1981). *Conditional Relations (vols. I & II)*. PTS. London.
9. Labh, B. (1991). *Pañña in Early Buddhism*. Eastern Book Linkers. Delhi.
10. Kumar, Bimlendra. (1988). *Theory of Relations in Buddhist Philosophy*. Eastern Book Linkers. Delhi.
11. Pathak, O. P., & Gaur, Veena. (ed. & tr.) (2002). *Puggalapāṇṇāti*. Eastern Book Linkers. Delhi.
12. Tripathi, R. S. (ed.). *Aṭṭhasālinī*. Sampurnanand Sanskrit University Publication. Varanasi.

**One year PG Programme under NEP 2020.**  
**FIRST SEMESTER**  
**DETAILED SYLLABUS**

**Course No. P1BSPC107**

Credits: 4

a) Mid Term appraisal = 25 marks

b) External Examination = 75 marks

(Project Report 50 marks & Viva- Voce 25 marks)

**Title: Practical**

Maximum marks: 100

Duration - 4 hr

Duration - 4 hr

Syllabus for examinations to be held in December 2025, December 2026 & December 2027

**OBJECTIVES:**


**SYLLABUS**

1. Presentation (PPT)
2. An orientation programme to provide guidelines to the students regarding project and internship.
3. Project Work: Visit to and study of a Buddhist heritage site/internship with tourism company/museums/heritage organization, etc. for a period of one month.
4. Project/Internship Report: Preparation of a vision programme for site tourism development/report of the work carried out during the internship.
5. Vipassana programme for minimum **10-15 days**.

**Note for Paper Setters:**

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.



**One year PG Programme under NEP 2020.**  
**SECOND SEMESTER**  
**DETAILED SYLLABUS**

**Course No. P1BSRC204**  
Credits: 16

**Title: Dissertation**

Syllabus for examinations to be held in May 2026, May 2027 & May 2028

**OBJECTIVES:** To develop skills and Practical knowledge of writing Research Thesis.

**SYLLABUS**

**UNIT I:       Dissertation**

- Candidates have to write a Dissertation of 100-120 pages including Bibliography on any topic with the approval of the Buddhist Studies Committee. Each candidate will be allotted one supervisor who will guide the candidate in completing his/her dissertation.



\*\*\*\*\*





# One year PG Programme under NEP 2020.

## SECOND SEMESTER

### DETAILED SYLLABUS

Course No. PIBSTC201 Title: History of Buddhism in Jammu, Kashmir and Ladakh

Credits: 4

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in May 2026, May 2027 & May 2028

**OBJECTIVES:** Knowledge of the history of Buddhism, Origin and Development of different sects of Buddhism and their contributions to Buddhism in the land of Jammu & Kashmir.

### SYLLABUS

#### UNIT I: Buddhism in Kashmir

1. Introduction of Buddhism to Kashmir.
2. Buddhism during Indo-Greeks, Scythians, Parthians and Kuṣāṇās
3. Buddhist Sites and Monuments in Kashmir Valley

#### UNIT II: Sarvāstivāda School of Buddhism in Kashmir

1. Origin of Sarvāstivāda School of Buddhism
2. Vibhāṣā Literature
3. Role of Sarvāstivāda School of Buddhism for Propagation

#### UNIT III: Buddhism in Ladakh

1. Advent of Buddhism in Ladakh
2. Buddhist Art and Architecture in Ladakh
3. Buddhist Sites and Monuments in Ladakh Region


#### UNIT IV: Buddhism in Jammu

1. Advent of Buddhism Jammu region
2. Living Buddhist Faith in Jammu region.
3. Buddhist Sites and Monuments in Jammu region

#### Note for Paper Setters:

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.



**One year PG Programme under NEP 2020.**

**SECOND SEMESTER**

**DETAILED SYLLABUS**

**Course No. P1BSTC201**

**Kashmir and Ladakh**

Credits: 4

**Title: History of Buddhism in Jammu,**

Maximum marks: 100

A ) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in May 2026, May 2027 & May 2028

**BOOKS RECOMMENDED:**

1. A. Kaul : Buddhist Savants of Kashmir
2. A.C. Banerjee : Sarvāstivāda Literature
3. B. Bhattacharya : Indian Buddhist Iconography, Calcutta, 1965.
4. B.M. Barua : Aśoka and His Inscriptions, 1947.  
Bhartiya Book Corporation, 2007
5. D.C. Sircar : Select Inscriptions, Calcutta, 1965.
6. J. Legge : Fahian (A record of the Buddhist Kingdom ), Oxford,
7. Janet Rizvi : Ladakh
8. Jean Naudon : Buddhist of Kashmir
9. John Marshall : The Buddhist Art of Gandhara
10. M.F. Hussain : The Buddhist Kashmir
11. N. Dutt : Early Monastic Buddhism (2 vols.), Calcutta, 1943.
12. Percy Brown : Indian Architecture (vol. I), Bombay
13. PrithviNathKaul : A History of Kashmir
14. R. N. Singh : *Buddhism: From Genesis To Decline*, New Bhartiya  
Book Corporation, Delhi, 2007.
15. S. Beal : Life of Hiuen Tsang, London, 1888.
16. S.B. Dasgupta : Introduction of tāntrika Buddhism, 1950
17. S.C. Ray : Early History & Culture of Kashmir
18. T. Watters : On Yuan-Chwang's Travels (2 vols), 1905
19. V. Kumari : NīlamataPurāṇa.
20. Sanghasen : Sarvastivada and its traditions, Eastern Book Linkers,  
Delhi.

**One year PG Programme under NEP 2020.**

**SECOND SEMESTER**

**DETAILED SYLLABUS**

**Course No.P1BSTE202**

Credits: 4

**Title: Recent Trends in Buddhism**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in May 2026, May 2027 & May 2028

**Objectives:** Knowledge of the relevance of Buddhism in the modern world suffering from Enmity, hatred, materialism, discontentment etc.

**SYLLABUS**

**Unit- I: Neo-Buddhism**

1. Life and Contributions of Dr. B. R. Ambedkar and Conversion to Buddhism
2. Dr. B. R. Ambedkar's Interpretation of Buddhist Doctrines
3. The Neo-Buddhist Movements in India Today

**Unit- II: Impact of Buddhism on Modern World**

1. Impact of Buddhism on Political Thinking, Administration and Foreign Policy.
2. Impact of Buddhism on Family, Society, Caste Discrimination, Fraternity and Equality
3. Impact of Buddhism on World Peace and Conflict Resolutions

**Unit- III: Engaged Buddhism**

1. Origin of the Concept of Engaged Buddhism
2. Relevance and Applications of Socially Engaged Buddhism
3. Applied Buddhism and Ecology

**Unit- IV: Modern Leaders of Buddhism**

1. His Holiness Dalai Lama XIV
2. Thich Nhat Hanh
3. S. N. Goenka & A. T. Ariyaratne

**Note for Paper Setters:**

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.

**One year PG Programme under NEP 2020.**

**SECOND SEMESTER**

**DETAILED SYLLABUS**

**Course No.P1BSTE202**

Credits: 4

**Title: Recent Trends in Buddhism**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2½ hrs.

Syllabus for examinations to be held in May 2026, May 2027 & May 2028

**Books Recommended:**

1. 2500 Years of Buddhism- PV Bapat (ed.), Publication Division, Govt. of India, Delhi.
2. A Cultural History of India, AL Basham, Oxford, 1984.
3. An Introduction to Indian Philosophy- Chatterjee & Dutta.
4. Bauddha Dharma Mimamsa- BaldevUpadhyay, ChowkhambhaVidyaBhawan, Varanasi, 2011.
5. Buddhist Sects in India-N. Dutt, New Bhartiya Book Corporation, Delhi, 2012.
6. Cross Currents in Early Buddhism, SN Dubey, Delhi, 1980.
7. Essays on Gupta Culture- Bardwell L. Smith (ed.), Delhi, 1983.
8. History of Indian Philosophy, SN Dasgupta, Cambridge, 1955.
9. R. N. Singh: *Buddhism: From Genesis To Decline*, New Bhartiya Book Corporation, Delhi, 2007
10. AcharayaNarendra Deva: Bouddha Dharma Darshana, Bihar-RashtrabhashaParishad, Patna,1971.
11. PradyumnaDubey: Sautrantika Buddha NikayaKaUdbhavaevamVikasa, KLaPrakashan, Varanasi, 1996.





**One year PG Programme under NEP 2020.**  
**SECOND SEMESTER**  
**DETAILED SYLLABUS**

**Course No.P1BSTE203**

Credits: 4

**Title:Buddhist Tourism**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2 ½ hrs.

Syllabus for examinations to be held in May 2026, May 2027 & May 2028

**Objectives:** This will give a comprehensive knowledge on how to develop and manage Buddhist tourism in India in profitable and ethical manner.

**SYLLABUS**

**UNIT I: Basics of Heritage and Spiritual Tourism**

- 1.Introduction to Heritage Tourism
2. Introduction to Spiritual Tourism
3. Global Ethics, Principles and Norms related to Tourism

**UNIT II: Relevance of Tourism to Buddhism**

1. History and Nature of Buddhist Pilgrimages and Pilgrim Places
2. Introduction to Tourist Buddhist sites in India
3. Buddhist Rituals, Pageants and Practices.

**UNIT III:Buddhist Tourist sites and circuits**

1. Understanding contemporary Buddhist sites and circuits in India
2. Recognition of new sites and circuits
3. Important Buddhist sites in the World

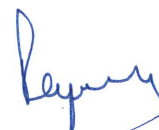
**UNIT IV: Techniques ad methods of Tourism development**

1. Travelling and infrastructure
2. Hospitality management
3. Indian Tourism Law

**Note for Paper Setters:**

**Minor Test I** will be based on the **Unit I**, and **Minor Test II** on unit II. Each test will include three short questions (5 marks each), out of which students must attempt any two, along with **Multiple choice questions (MCQs) of 10 marks to be attempted on LMS**

The **Major Test** will consist of two sections: **Section A** will have one compulsory questions divided into 10 parts (3 marks each), covering all units, **Section B** will contain four questions (15 Marks each) from the last two units, with students required to attempt one question each.



**One year PG Programme under under NEP 2020.**  
**SECOND SEMESTER**  
**DETAILED SYLLABUS**

**Course No. P1BSTE203**

Credits: 4

**Title: Buddhist Tourism**

Maximum marks: 100

a) Minor Test I and II: 20+20 = 40

b) Semester Examination: 60

Duration of Minor Test: 01 hr.

Duration of Semester Examination: 2 ½ hrs.

Syllabus for examinations to be held in May 2026, May 2027 & May 2028

**BOOKS RECOMMENDED:**

1. Robinet Jacob, 2013, *Buddhist tourism in India*.
2. Swati Mitra, 1999, *Walking with the Buddha: Buddhist pilgrimages in India*
3. Lipika Singh, 2006, *The world of Buddhism*
4. Akhilesh Singh, 2018, *Horizon tourism in Buddhist circuit*
5. David Robert C Aguino, Rodolfo Abello Padilla, 2016, *Tourism law and ethics*
6. Shashank Garg, 2017, *Tourism Law in India: A comprehensive manual of concepts, regulations and guidelines*
7. Benjamin W Decker, 2018, *Practical meditation for beginners*
8. Dallen Timothy, 2011, *Cultural and Heritage Tourism*
9. Rajat Gupta, Nishant Singh, Ishita Kirar, Mahesh Kumar Bairwa, 2015, *Hospitality and Tourism Management*
10. Adwaita P Ganguly, 2007, *India travel guide: Spiritual tourism and ground realities*
11. Sushil Masih, 2011, *Hand book of Travel, Tourism and Hospitality Management*
12. Aylin Orbasli (2000) *Tourists in Historical Towns*. London. Taylor & Francis.

