

UNIVERSITY OF JAMMU DISABILITY INITIATIVES

REPORT OF ACTIVITIES ORGANIZED IN 2021-22





Prepared by
Prof. Sarika Manhas
Coordinator, Disability Initiatives, JU

Report of Activities carried out during 2021-22

ACTIVITY 1: WORLD DISABILITY DAY (2021) CELEBRATED AT UNIVERSITY OF JAMMU

Department of Home Science, University of Jammu in collaboration with Jiger Institute of General Education and Rehabilitation, The Association of Deaf and Aphasic, and Kalpana Kala Kendra celebrated World Disability Day on 3rd December 2021 at Jammu University. Dr Raghav Langer (Divisional Commissioner Jammu) was the Chief Guest at the event, while Prof. Manoj Dhar, Vice Chancellor, University of Jammu presided over the function. Dr Sarika Manhas, Associate Professor, Deptt of Home Science, University of Jammu coordinated the entire event.

Prominent attendees included Prof. Samridhi Arora (HOD) Deptt. of Home Science, Sh, Rahul Sahai, Chairman, Chamber of Commerce And Industry, Jammu; Jiger President Ms. Sandhya Dhar Dr. Neeraj Sharma, Spl Sectary to VC, Ms. Vijaya Puri, Academic Director, Shemford Futuristic School, Dr. Suminder Singh, MD of IDPS School, Jammu, Dr. Atul Hans, Director of IRDS School, Ms. Summi Sahi Seth, Director Cosmic Vashi and Ms. Sukanaya Bhan, sign language interpreter.

On the occasion a felicitation program was conducted for the persons who are role models for the society. Those felicitated were Archana Devi (orthopedic disability 70%) teacher JRC home for handicapped, Tilak Raj (spinal cord injury 100%) from Rajouri, Jagjit Singh (spinal cord injury 80%) from Poonch employee of police department, Purshotam (spinal cord injury 100%) from Udhampur Social activist & running NGO, Shiv Kumar (spinal cord injury 100%) from Doda, Shivani Misri (visual impairment) B.A LLB, Pardeep Kumar (spinal cord injury 100%) from Jammu, Kalvin Bhatti (paralysis 80%) social worker and recipient of Gandhi Global Family, Irfan Mir (visual impairment 100% by birth) from Pulwama, mountaineer.





Some glimpses of World Disability Day celebrations at Jammu University ${\color{blue}-}$ 2021

Div Com announces setting up of CRC at Jammu

JAMMU, Dec 2: Department of Home Science, University of Jammu in collaboration with Jiger Institute of General Education and Rehabili-tation, the Association of Deaf and Aphasic, and Kalpana Kala Kendra today organised a mega event to mark World Disability Day here on

the University campus.

Divisional Commissioner Jammu, Dr Raghav Langer was the Chief Guest, while Prof. Manoj Dhar, Vice Chancellor, University of Jammu, presided over the event. Speaking on the occasion, Dr.

Langer mentioned that a Composite Regional Centre (CRC) is being set up in Jammu to aid the cause of persons with special needs. He said that a land measuring 38 kanal has been identified at Vijaypur for the project. He said that the centre will pro-vide skill development training for all round development of differently

abled persons.

He also underlined that Lieurenaut
Governor of J&K is very sensitive re-garding these issues and directions
have been issued from his office to the Deputy Commissioners for conthe Depthy Commissioners for con-ducting Panchayat level survey to identify specially abled persons and their needs/issues so that the same could be resolved.

He also appreciated the students, who presented a scintiliating cultur-

and programme during the event.

In his presidential remarks, VC
Jammu University, Prof.Manoj Dhar
reiterated the resolve of the University to make it fully accessible for the
PwDs. He also underlined the various initiatives taken by the Univer-sity in this direction. He also appre-ciated the collaborating NGOs and change the connectang NeOs and the Department of Home Science for their continuous drive for fighting for the rights of the disabled com-munity. He announced that an Equal Opportunities Cell shall be set up at the Department of Home Science, to give imperus to making the Univer-sity disabled friendly. Prof. Samrid-hi Arora (HOD) Department of Home Science in her introductory address highlighted that the department works for the cause of marginalized and weaker sections of the society es-pecially the persons with disabilities. She offered that certain specific facilities and services available in the de-partment meant for the welfare of disbled can be availed free of cost.

Earlier, Dr Sarika Manhas, Associ-ate Professor, Deptt of Home Science, in her welcome address, mentioned that every year and of December is celebrated to promote an understand-ing of disability issues and mobilize support for the dignity, rights and well being of persons with disabili-ties. She mentioned that University



of Jammu is committed to true community inclusion based upon person al connections, common interests, shared values, and upon ongoing in teractions on a regular basis in natu ral settings, and today's event is a re-

flection of this resolve.

Jiger President, Sandhya Dhar highlighted the problems faced by disabled in various sectors of society especially in the context of COVID. The theme of this year's Disability Day is "Leadership and participation of persons with disabili-ties toward an inclusive, accessible and sustainable post-COVID-19 world". She mentioned that there is a need for hand-holding so that the disabled are included in the mainstream of society. On the occasion a felicitation program was conducted for the persons who are role models for the society.

Those felicitated were Archa-na Devi (orthopedic disability 70%) teacher JRC home for handicapped, Tilak Raj (spinal cord injury 100%) from Rajouri, Jagjir Singh (spinal cord injury 50%) from Poonch employee of police department, Purabo-tam (spinal cord injury 100%) from Udhampur Social activist & running

NGO, Shiv Kumar espinal cord inju ry 100%) from Doda, Shivani Misri (visual impairment) B.A LLB, Pardeep Kumar (spinal cord injury 100%) from Jammu, Kalvin Bhatti (paralysis 80%) social worker and recipient of Gandhi Global Family, Irfan Mir (visual impairment 100% by birth) from Pulwama, mountaineer.

Raman Gupta, Managing Director PANS & POTS Co- A Corona warrior & Philanthropist and other Corona war riors were felicitated during the pro-gram. Arjun Kumar, Sumeet Bhat who served the society during the peak period of the corona pandemic were also bonoured, Other's who graced the occasion were Rahul Sahul, Chairman, Chamber of Connerce and Industry, Jammu; Dr Noeraj Sharma, Special Secretary to VC, Vlay Puri, Academic Director, Shemfort Punifette School, Dr. Suminder Singh, MD of IDPS School, Jammu, Dr. Atul Ham, Director of IRDS School, Sakanava served the society during the peak pe Director of IRDS School, Sukanaya Bhan, sign language interpreter pre-sented a formal vote of thanks. Vinish Malik, research scholar, Deptt of Home Science and Kusum Tickoo conducted the proceedings of the event.

ACB traps, arrests Patwari agent in

Seven Air Force Aircraft Crashed



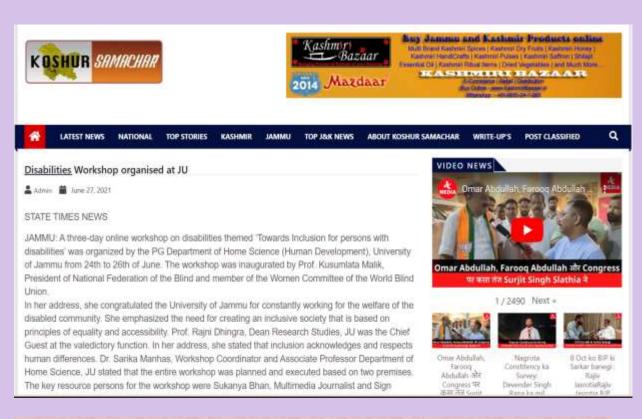




Press coverage of the event

Activity 2: Three-day Workshop on Inclusion of Persons with disabilities organized at Jammu University

A three-day online workshop on disabilities themed 'Towards Inclusion for persons with disabilities' was organized by the P.G. Department of Home Science (Human Development), University of Jammu from 24th to 26th of June 2021. The workshop was inaugurated by Prof. Kusumlata Malik, President of National Federation of the Blind and member of the Women committee of the World Blind Union; and Prof. Rajni Dhingra, Dean Research Studies, JU.







Jammu University organizes workshop on disabilities

6/26/2021 10:05:52 PM

EARLY TIMES REPORT

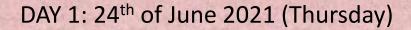
JAMMU, June 26: A three-day long online workshop on disabilities themed Towards Inclusion for persons with disabilities' was organized by the PG Department of Home Science (Human Development), University of Jammu. The workshop was inaugurated by Prof. Kusumlata Malik, President of National Federation of the Blind and member of the Women Committee of the World Blind Union. In her address, she congratulated the University of Jammu for constantly working for the welfare of the disabled community. She emphasized the need for creating an inclusive society that is based on principles of equality and accessibility.

Prof Rajni Dhingra, Dean Research Studies, JU was the chief guest at the valedictory function. In her address, she stated that inclusion acknowledges and respects human differences. She noted that even though the disabled are an important segment of the social system yet they are often marginalized and discriminated.

Dr Sarika Manhas, Workshop Coordinator and Associate Professor Department of Home Science, JU stated that the entire workshop was planned and executed based on two premises. One, the disability sector is an important emerging sector where the students and scholars of Human Development can find placements and secondly, the process of inclusion can be hastened through understanding the challenges and needs of the disabled.

The key resource persons for the workshop were Sukanya Bhan, Multimedia Journalist and Sign Language interpreter, Sandhya Dhar, Founder & Director, JIGER, Dr Bharti Tandon, Associate Professor, College of education, MIER Institute, Jammu, and Neha Kalra, District Resource Person-Inclusive Education, Jammu. The workshop was attended by students, research scholars, teachers and social workers of repute. Prof Shashi Manhas (HOD, Home Science Department), and Prof Samridhi Arora were the other organizers of the workshop.

Press coverage of the workshop





Inaugural Session: 3.30 to 4.30 pm Prof. Kusum Lata Malik: Chief Guest Prof. Rajni Dhingra: Guest of Honor



Session I: Ms. Sukanya Bhan (5.30 to 7.00 pm)

Disability Etiquettes

DAY 2: 25th of June 2021 (Friday)



Session II: Ms. Sandhya Dhar (10.00 to 11.30 am) Challenges and Issues Faced by the PwDs



Session III: Ms. Neha Kalra (12.00 noon to 1.30 pm) Assessment Guidelines for Disabilities



Session IV: Dr. Bharti Tandon (3.00 to 4.30 pm) Need for Early Screening and Intervention for Special Children

DAY 3: 26th of June 2021 (Saturday)



Session V: Dr. Bharti Tandon
10.00 to 11.30 am
Role of Teachers in Facilitating Inclusive
Education



Session VI: Ms. Neha Kalra

12.00 to 1.30 pm

Inclusive Education: Concept and
Activities

The key resource persons for the workshop were Ms. Sukanya Bhan, Multimedia Journalist and Sign Language interpreter; Ms. Sandhya Dhar, Founder & Director, JIGER; Dr. Bharti Tandon, Associate Professor, College of education, MIER Institute, Jammu; and Ms. Neha Kalra, District Resource Person-Inclusive Education, Jammu.

The entire workshop was coordinated by Dr. Sarika Manhas, Associate Professor, Deptt of Home Science. She also moderated the various sessions of the workshop.

The workshop was attended by students, research scholars, teachers and social workers of repute.

Activity 3: One Week Skill Course on Learning Disabilities Organized In Association with University Entrepreneurship & Skill Development Centre, JU

OBJECTIVES AND LEARNING OUTCOMES OF THE COURSE: Through the course the trainees are able to:

- Define Specific Learning Disabilities
- Describe and differentiate among different types of Specific Learning Disability.
- Understand Trends and Issues with reference to SLD
- Describe various approaches and techniques of Screening
- Apply selected informal and formal screening tools for initial screening of students with learning differences.
- Understand the concept of neuroplasticity and emotional impact of LD
- Find information and access to resources for children with Learning Disorders in local communities, state level and at national level.
- Understand the basics of managing Learning disabled in different settings

PROGRAM SCHEDULE:

- Date of Program: 10th to 16th March 2021
- Duration of Instruction in Hours: 18 hours
- Total Number of Working Days: 6
- Total Number of Sessions: 18
- Mode of Instruction: Blended

LIST OF RESOURCE PERSONS:

- 1. Dr. Anupma Sethi, Founder Empowerkidz USA
- 2. Dr. Santoshi Halder, Associate Professor, Department of Education, University of Calcutta
- 3. Dr. Bharti Tandon, MIER College of Education, Jammu
- 4. Dr. Nikhil Gupta, Psychiatrist, ASCOMS, Jammu
- 5. Ms. Mimansa Popat, Psychotherapist, Mumbai

6. Dr. Sarika Manhas, Associate Professor, P.G. Deptt. of Home Science (Human Development), University of Jammu

DETAILED COURSE CONTENT:

DAY 1: 10/3/21

Session I: 9.00 am to 10.00 am: Dr. Anupma Sethi (Online)

- Learning Disabilities: Definition and Concept
- Prevalence and Incidence (National & International)

Session II: 10.00 am to 11.00 am: Dr. Anupma Sethi (Online)

- History of SLD, Evolution of SLD as a field of study
- Etiology of SLD-Medical, social and Neuro-biological

Session III: 3.00 pm to 4.00 pm: Dr. Santoshi Halder (Online)

- Coping with Learning Disabilities
- Basics of Behaviour Modification

DAY 2: 11/3/21

Session IV: 9.00 am to 10.00 am: Dr. Anupma Sethi (Online)

- Types of Learning Disabilities:
- Dyslexia, Dysgraphia, Dyscalculia, Non verbal learning disability,
 Developmental aphasia and specific learning impairment
- Simulation Of Learning Differences

Session V: 3.00 pm to 4.00 pm: Dr. Bharti Tandon (Online)

- Comorbid conditions:
- ADHD, Dyspraxia, Auditory processing issues, Executive functioning disorders

Session VI: 4.00 pm to 5.00 pm: Dr. Sarika Manhas (Online)

- *SLD across the lifespan
- *Myths And Facts About Learning Disabilities

DAY 3: 12/3/21

Session VII: 9.00 am to 10.00 am: Dr. Anupma Sethi (Online)

- Recent Trends And Issues: Holistic development of children.
- Importance of perception, perceptual Motor skills &cognitive skills for effective learning in school.
- Sensory-Motor Integration, Developing appropriate sensory skills for effective school learning.

Session VIII: 3.00 pm to 4.00 pm: Dr. Nikhil Gupta (Online)

- Concept of Neuroplasticity
- Brain Development

Session IX: 4.00 pm to 5.00 pm: Dr. Bharti Tandon (Online)

- International organizations in SLD.
- Organizations, and professionals working in the field of learning disabilities in India
- Role of Govt Organizations in SLD in India (CBSE, NCERT, NIOS, RCI, State Board of Education)
- Revised People with Disabilities Act, New Education Policy in India

DAY 4: 13/3/21

Session X: 9.00 am to 10.00 am: Dr. Anupma Sethi (Online)

- Early Warning signs of Learning Disabilities
- Role of Regular School Teachers in identification and screening the children with LD
- Concept of screening and identification. Identification criteria: potential, discrepancy in achievement, subjective analysis, recent trends, DSM V

Session XI: 10.00 am to 11.00 am: Dr. Anupma Sethi (Online)

- Approaches to Assessments: Cognitive, Neuro-Developmental, Psycho-Educational, Behavioral, Task Analytical
- Some Screening Instruments and their usage: Woodcock Johnson Test of Achievement, WIAS, WISC, Kauffman's Test of Educational Achievement, GLAD),
- Psycho-Educational (DTLD, DTRD, ASTON INDEX, NIMHANS INDEX OF SLD)

Session XII: 3.00 pm to 4.00 pm: Dr. Bharti Tandon (Offline)

- Screening Tools Practical Training
- Using the tools with each other, Scoring and creating the reports.



DAY 5: 15/3/21

Session XIII: 9.00 am to 10.00 am: Dr. Anupma Sethi (Online)

- Techniques of Screening: Observation, Interviews, Case Study, Sociometry, Error Analysis
- Use of Checklists, rating scales, observation schedules, anecdotal records

Session XIV: 3.00 to 4.00 pm: Dr. Bharti Tandon (Offline)

• Teacher Made tests (Informal) (Educational) -Curricular Areas (reading, Spelling, Writing, Math)

Session XV: 4.00 to 5.00 pm: Ms. Mimansa Popat (Online)

• Emotional Impact of Learning Disabilities

DAY 6: 16/3/21

Session XVI: 9.00 am to 10.00 am: Dr. Anupma Sethi (Online)

- Classroom Strategies for Inclusive approach
- Classroom accommodations and Modifications
- Instructional Strategies for Learning Disabled

Session XVII: 3.00 pm to 4.00 pm: Dr. Sarika Manhas (Offline)

• Supporting Families and Parents of children with LD

Session XVIII: 4.00 pm to 5.00 pm: Dr. Nikhil Gupta (Offline)

- Referring LD for further assessment
- Need for early Intervention

PARTICIPANTS:

- Total No. of Participants: 42
- Institutional Affiliation of the Participants: P.G. Department of Home Science (Human Development), University of Jammu

UTILITY OF THE COURSE:

- The skill course on Learning Disabilities is a unique course which prepares the
 participants to contribute towards the welfare of this special group of individuals
 through their early identification and remedial intervention.
- Disability awareness helps in off laying many misconceptions that the general public
 may have about the disabled and their needs. Such courses expose our youth towards
 the needs and requirements of the people with disabilities. Creation of inclusive
 societies is only possible through sustained awareness and integration of all individuals
 without any differentiation on the basis of ability and disability.
- Only a decade ago, the term "Learning Disability" was virtually absent from the educational system in India. Even today, most teachers have of course seen it in the classroom, but unfortunately only a small number understand how serious it is, or know how to deal with it. Likewise, many parents of such children are unable to understand the needs of their children and face difficulty in managing them within the home.
- Recent researches indicate that the incidence of LD in India is likely at least between 10 and 12 per cent of the school going population. This roughly means that in a given Indian classroom there are at least four children with LD. If not addressed, we stand to lose out on a significant chunk of the literate population from the future productive work force of the country. The participants of this particular course are likely to work with children and adolescents in future and through this training can help identify children with learning disabilities in the preschool and classroom settings. In fact any student or scholar desirous of working with children in particular and human population in general should be trained in identification of those with special needs.

- Since Learning Disabilities is a "hidden disability," presenting no physical manifestations or sensory markers, it's not surprising that this often leads to bafflement as teachers and parents fail to recognize the signs in such children, and are unable to manage the internal struggles the child goes through as he or she stumbles to learn, adapt and socialize. The lack of awareness, fear of stigma of being labeled "disabled", and shortage of sufficient equally distributed support and resources further compound the process of identification and screening.
- Hence through this course the participants have been trained to carry out initial
 screening of children with learning disabilities. They have been practically trained in
 the usage of standardized tools as well as are trained to design indigenous classroom
 based criteria referenced checklists.
- Best of the resource persons ranging from psychotherapist, psychiatrist, educationist, researchers and special educators have contributed towards designing and execution of the course.
- In fact this is the first course on Learning disabilities that has been conducted in the University of Jammu and in the entire Jammu region.
- The course hence has created a skilled and trained workforce who can identify, create remedial programs and help in management of children and adolescents with Learning Disabilities in different settings.

One week skill course on learning disabilities concludes at Jammu University

3/19/2021 11:21:03 PM



Early Times Report

Jammu, Mar 19: One week skill course on understanding and screening learning disabilities organized from 10th to 16th March 2021 by the University Entrepreneurship and Skill Development Centre (UESDC), University of Jammu concluded with the distribution of the certificates among the participants by the Vice Chancellor of the University Prof. Manoj K. Dhar.

Speaking on the occasion Prof. Dhar highlighted the need for building the skill sets of the students. He stressed on the need of creating inclusive societies where the youth are sensitive to the needs of persons with disabilities. He stated that activities like these are a reflection of the earnest endeavor of the University to help its students gain skills that are required to succeed in the contemporary world. He also mentioned that future such courses shall also be open to others outside the University. Prof. Rajni Dhingra, Dean Research Studies, JU was the guest of honor on the occasion.

Prof. Dhingra appreciated the UESDC for organizing a skill course in an area of emerging importance. She mentioned that Learning Disabilities is an invisible disability, the incidence of which are on a rise not only globally but also in India. She expressed hope that in the coming times the more such courses related to the vulnerable groups of the society will be conducted Dr. Sarika Manhas, Associate Professor, Department of Home Science (Human Development), JU and course coordinator thanked the University of Jammu for running a course on Learning Disabilities. Prominent among others who were present on the occasion were Prof. Shashi Manhas (HOD, Home Science Department), Prof. Sameer Gupta (HOD, TBS), Prof. Neeru Sharma, Prof. Vinay Chahuan, Prof. Samridhi Arora, Dr. Abid Hussain Parrey, Dr. Rachna and Dr. Carah Choudhan.

Press coverage of the workshop





One Week Skill Course On Learning Disabilities Organized in association with University Entrepreneurship & Skill Development Centre, JU

ACTIVITY 4: Lecture on 'Understanding Learning Disabilities' organized: The Department of Home Science, University of Jammu organized an international lecture on 28-11-2020 under RUSA 2.0. the resource person for the lecture was Dr. Anupma Sethi, founder of Empowerkidz, CA, USA. Empowerkidz is a US based organization that focuses on assessment of Learning Disabilities among children and designing therapies and interventions for such children. More than 70 participants including students, scholars and faculty of the University, apart from special educators, rehabilitation professionals and NGO representatives attended the lecture.

Prof. Rajni Dhingra, senior faculty member from the department and also dean research Studies was the chief guest on the occasion. Prof. Shashi Manhas, HoD gave the formal welcome address.

Dr. Sarika Manhas, Associate Professor coordinated the entire event.

