



UNIVERSITY OF JAMMU

(NAAC ACCREDITED 'A' GRADE' UNIVERSITY)
Baba Sahib Ambedkar Road, Jammu-180006 (J&K)

Academic Section

Email: academicsectionju14@gmail.com

NOTIFICATION

(23/July/Adp./64)

It is hereby notified for the information of all concerned that the Vice-Chancellor, in anticipation of the approval of the Academic Council, is pleased to authorize the adoption of the Syllabi and Courses of Studies in the subject of **Physical Education of Semester IIIrd and IVth for Four Year Under Graduate Programme (FYUGP) under the Choice Based Credit System as per NEP-2020 (as given in the annexure) for the examinations to be held in the years as per the details given below:**

Subject	Semester	For the examinations to be held in the year
Physical Education	Semester-III	December 2023, 2024 and 2025
	Semester-IV	May 2024, 2025 and 2026

The Syllabi of the courses is also available on the University website: www.jammuuniversity.ac.in

Sd/-

DEAN ACADEMIC AFFAIRS

No. F.Acd/II/23/6979-7028

Dated: 18-7-2023

Copy to:

- 1) Dean, Faculty of Education
- 2) Directorate, Physical Education, University of Jammu
- 3) HOD/Convener, Board of Studies in Education
- 4) All members of the Board of Studies
- 5) C.A. to the Controller of Examinations
- 6) Director, Computer Centre, University of Jammu
- 7) Asst. Registrar (Conf. /Exams. UG/ Exam Prof.)
- 8) Incharge University Website for necessary action please

Sumilashamo
18/7/23.
Deputy Registrar (Academic)
SS
18/7/23
M
18/7/23

UNIVERSITY OF JAMMU
("A+" Grade University-Accredited by NAAC)

*Minutes
of the
Meeting
required.*

COURSE SCHEME & SYLLABUS

For

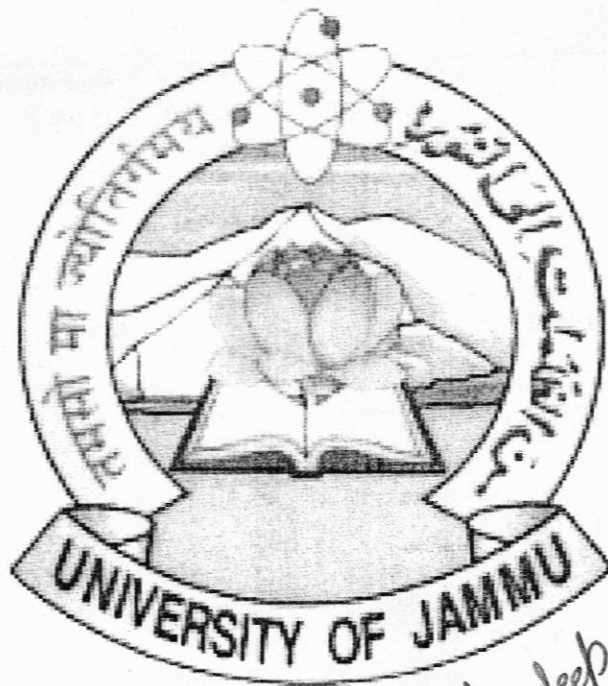
Under Graduate Programme

With

PHYSICAL EDUCATION

(Semester III & IV)

(Effective from Academic Session 2023-24 Onwards)



*Approved on the
recommendation of
the Dept.
K. Sharma
29.05.23.*

Mandeep Nathyal

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Directorate of Sports and Physical Education

University of Jammu

Following Courses of study are prescribed for
3rd and 4th Semester

**FYUG program in the subject of PHYSICAL EDUCATION
Under CBCS as per NEP-2020**

Semester 3rd

S. No	Course Type	Course Code	Course Title	Credits	Marks				Total Marks
					Theory		Practical		
1.	Major	UMJPET301	Modern Concepts of Physical Education	03Th+01P	Mid semester:15 marks	End Exam:60 marks	Assessment 10 marks	Exam :15marks	100
2.	Major	UMJPET302	BASICS OF YOGA	03Th+01P	Mid semester:15 marks	End Exam:60 marks	Assessment 10 marks	Exam :15marks	100
3.	Minor	UMIPET303	Modern Concepts of Physical Education	03Th+01P	Mid semester:15 marks	End Exam:60 marks	Assessment 10 marks	Exam :15marks	100
4.	Multidisciplinary	UMDPET304	CONCEPT AND TRENDS IN PHYSICAL EDUCATION	03Th	Mid semester:15 marks	End Exam:60 marks	-	-	75
5.	Skill Enhancement Course	USEPET305	YOGIC SCIENCE	02	Mid semester:05 marks	End Exam:20 marks	Assessment 05 marks	Exam :20marks	50

Semester 4th

S.No	Course Type	Course Code	Course Title	Credits	Marks				Total Marks
					Theory		Practical		
1.	Major	UMJPET401	SPORTS TRAINING	03Th+01P	Mid semester:15 marks	End Exam:60 marks	Assessment 10 marks	Exam :15marks	100
2.	Major	UMJPET402	SPORTS PSYCHOLOGY	03Th+01P	Mid semester:15 marks	End Exam:60 marks	Assessment 10 marks	Exam :15marks	100
3.	Major	UMJPET403	SPORTS MANAGEMENT	03Th+01P	Mid semester:15 marks	End Exam:60 marks	Assessment 10 marks	Exam :15marks	100
4.	Major	UMJPET404	ADAPTED PHYSICAL EDUCATION	03Th+01P	Mid semester:15 marks	End Exam:60 marks	Assessment 10 marks	Exam :15marks	100
5.	Minor	UMIPET405	SPORTS TRAINING	03Th+01P	Mid semester:15 marks	End Exam:60 marks	Assessment 10 marks	Exam :15marks	100

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Mandeep Nathyal

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