



# UNIVERSITY OF JAMMU

(NAAC ACCREDITED 'A' GRADE' UNIVERSITY)  
Baba Sahib Ambedkar Road, Jammu-180006 (J&K)

Academic Section

Email: [academicsectionju14@gmail.com](mailto:academicsectionju14@gmail.com)

## NOTIFICATION

In partial Modification to this office notification No. F.Acd./II/22/8796-8815 dated 25.10.2022, it is hereby notified for the information of all concerned that the Vice-Chancellor, in anticipation of the approval of the Competent Authority, is pleased to authorize the Changes in the **Scheme of Examinations** in the Syllabi and Courses of Studies in the subject of **Social Work** of Semester Ist and IInd for **Four Year Under Graduate Programme (FYUGP)** under the **Choice Based Credit System** as per **NEP-2020** (as given in the annexure) for the examinations to be held in the years as per the details given below:

Subject	Semester	For the examinations to be held in the year
Social Work	Semester-I	Dec. 2023, 2024 and 2025
	Semester-II	May 2024, 2025 and 2026

The Syllabi of the courses is available on the University website: [www.jammuuniversity.in](http://www.jammuuniversity.in)

Sd/-  
DEAN ACADEMIC AFFAIRS

No. F. Acd/II/23/1639-1654  
Dated: 04/05/23

Copy for information and necessary action to:

1. Dean, Faculty of Social- Science
2. HOD/Convener, Board of Studies in Social Work / S.A.P.A to COE
3. C.A to the Controller of Examinations
4. I/c Director, Computer Centre, University of Jammu
5. Asst. Registrar (Conf. /Exams. UG)
6. Incharge, University Website for necessary action please.

*Sumita Sharma*  
Deputy Registrar (Academic)

*SS* 01/05/23  
*QAC* 11/5/23  
*M* 28/4/23

**UNIVERSITY OF JAMMU**  
**Syllabus of Social Work for FYUGP under CBCS as per NEP-2020**

SEMESTER-I									
S. No.	Course Type	Course Code	Course Title	Credits	Theory marks		Practical/ Tutorial marks		Total Marks
					Mid Semester Exam:	End Semester Exam:	Assessment:	Exam:	
1.	Major	UMJSWT-101	Fundamentals of Social Work	4 (3Th+1P/T)	15	60	10	15	100
2.	Minor	UMISWT-102	Social Exclusion and Inclusive Policy in India	4 (3Th+1P/T)	15	60	10	15	100
3.	Multidisciplinary	UMDSWT-103	Social Sciences for Social Workers	3	15	60	-	-	75
4.	Skill Enhancement	USESWT-104	Fundamentals of Medical Social Work	2	10	40	-	-	50
SEMESTER-II									
1.	Major	UMJSWT - 201	Theories and Thinkers of Social Work	4 (3Th+1P/T)	15	60	10	15	100
2.	Minor	UMISWT-202	Rural Development in J&K	4 (3Th+1P/T)	15	60	10	15	100
3.	Multidisciplinary	UMDSWT - 203	Human Growth and Development	3	15	60			75
4.	Skill Enhancement	USESWT - 204	Social Policy and Social Development	2	10	40			50
SEMESTER-III									
1.	Major	UMJSWT - 301	Social Case Work	4 (3Th+1P/T)	15	60	10	15	100
2.	Major	UMJSWT - 302	Counselling	4 (3Th+1P/T)	15	60	10	15	100
3.	Minor	UMISWT-303	Psychology for Social Work	4 (3Th+1P/T)	15	60	10	15	100
3.	Multidisciplinary	UMDSWT - 304	Child Development and Rights	3	15	60	-	-	75
4.	Skill Enhancement	USESWT - 305	Life Skills	2	10	40	-	-	50

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**SEMESTER-IV**

SEMESTER-IV									
1.	Major	UMJSWT - 401	Social Group Work	4 (3Th+1P/T)	15 marks	60 Marks	10 Marks	15 Marks	100
2.	Major	UMJSWT- 402	Community Organization	4 (3Th+1P/T)	15 marks	60 Marks	10 Marks	Exam: 15 Marks	100
3.	Major	UMJSWT - 403	Rural and Urban Community Development	4 (3Th+1P/T)	15 marks	60 Marks	10 Marks	15 Marks	100
4.	Major	UMJSWT - 404	Corporate Social Responsibility	4 (3Th+1P/T)	15 marks	60 Marks	10 Marks	Exam: 15 Marks	100
5.	Minor	UMISWT- 405	Elements of Social Work	4 (3Th+1P/T)	15 marks	60 Marks	10 Marks	15 Marks	100



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**For the Examination to be held in the Dec. 2023, 2024 & 2025**

**SEMESTER-I**

**(MAJOR COURSE)**

**Course Code: UMJSWT-101**

**Course Title: Fundamentals of Social Work**

**Exam Duration: 03 Hours**

**Tutorial/viva: 25 Marks**

**Credits: 04**

**Total Marks: 100**

**End Semester Marks: 60**

**Mid Semester Marks: 15**

**Course Outcomes:**

- Understand the meaning, history and scope of Social Work.
- Understand the basic concepts and philosophy of Social Work
- Familiarity about professional Social Work and Social Work Practice
- Choosing the field of Social Work as a profession

**Unit-I: Meaning, History and Scope of Social Work**

- 1.1 Meaning, Objectives, Functions and Scope of Social Work
- 1.2 Origin and History of Social Work in the West and India
- 1.3 Professional Social Work and its' Emergence in the West and India

**Unit-II: Basic Concepts of Social Work**

- 2.1 Social Work, Social Development, Social Work Education
- 2.2 Social Service, Social Welfare, and Social Reform
- 2.3 Social Justice, Social Security, and Social Policy

**Unit-III: Philosophy of Social Work and Social Work Practice**

- 3.1 Philosophy, Values and Principles of Social Work
- 3.2 Scope and Concerns of Social Work Practice
- 3.3 Basic Skills of Social Work Practice

**Unit-IV: Fields of Social Work**

- 4.1 Family and Child Welfare
- 4.2 Medical and Psychiatric Social Work: Correctional Administration
- 4.3 Community Development

**Recommended Readings:**

- Bhattacharya, S. (2012), Social work- An integrated approach, Deep and Deep Publications.
- Butler, C. 2003, Post Modernism; A Very Short Introduction, Oxford University Press.
- Goel, S.L (2010), Social Welfare Administration, Deep and Deep Publications
- Gore, M.S. (2011), Social Work and Social Work Education, Rawat Publications
- Grosby, S. 2006, Nationalism: A Very Short Introduction, Oxford University Press.
- Haralambos and Holborn, 2014, Sociology: Themes and Perspectives, Segment Publishers.
- Hasnain, N. 2019, Indian Society: Themes and Social Issues, McGraw Hill Publication.



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**For the Examination to be held in the Dec. 2023, 2024 & 2025**

**SEMESTER-I**

**(MAJOR COURSE)**

**Course Code: UMJSWT-101**

**Course Title: Fundamentals of Social Work**

- Johnson, L.C. & Yanca, S.J. (2010), Social Work Practice- A Generalist Approach, Pearson Education Inc. McGraw Hill, Publication
- Morgan, C.T, King, R.A, Weisz, J.R and Schopler, J. 2017, Introduction to Psychology,
- Nagla, B.K. 2012. Indian Sociological Thought, Rawat Publication.
- Newman, M. 2005, Socialism: A Very Short Introduction, Oxford University Press.
- O' Loughlin, M. (2012), Social work children & families, Sage Publications.

**Scheme of Examination:**

- (a) **Mid Term Examination** covering 50% of the syllabus: (to be conducted by course coordinator).  
**Time Duration- 1.5 Hour (15 Marks).**  
**Section- A** (5 marks) -Five Very Short Answer questions of 1 mark each to be attempted.  
**Section- B** (10 marks) -2 Long Answer questions of 5 marks to be attempted out of 3 given questions.
- (b) **External End Semester University Examination. Time Duration- 03 Hours.(60 Marks).**  
**Section A:** Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory). (4x3=12)  
**Section B:** Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks. (4x12= 48)
- (c) **Tutorial/viva: 25 Marks**
- i. **Continuous Assessment** of 10 Marks will be done based on daily performance only.
  - ii. **External Examination** will be of 15 Marks. Course coordinator/ Subject teacher concern will assign topic from the course to each student. On the topic assigned the student will be evaluated as follows for the assign topic:
    - ✓ Report 05 marks
    - ✓ Presentation 05 marks
    - ✓ Viva-Voce 05 marks

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**Syllabus of Social Work for FYUGP under CBCS as per NEP-2020**  
**For the Examination to be held in the Dec. 2023, 2024 & 2025**

**SEMESTER- I**  
**(MINOR COURSE)**

**Course Code: UMISWT-102**

**Course Title: Social Exclusion and Inclusive Policy in India**

**Exam Duration: 03 Hours**

**Tutorial/viva: 25 Marks**

**Credits: 04**

**Total Marks: 100**

**End Semester Marks: 60**

**Mid Semester Marks: 15**

**Course Outcomes:**

- Understanding social exclusion and related concepts
- Awareness related to the cases of social exclusion in the context of India
- Understanding the different areas of social exclusion and its impact on community and people
- Awareness and understanding the various existing policies relating to marginalised communities and evolving strategies for making them more inclusive

**Unit-I: Social Exclusion**

- 1.1 Concept, Meaning and forms of social exclusion
- 1.2 Who is socially excluded and why this matter
- 1.3 Role of culture in social exclusion

**Unit-II: Cases of Social Exclusion**

- 2.1 Dalit, ST, Religious minorities
- 2.2 Children, Women and Aged
- 2.3 Physically and mentally challenged people

**Unit-III: Specific areas of Social Exclusion and marginalization**

- 3.1 Displaced people of mega development projects
- 3.2 Caste system, inequality and social exclusion
- 3.3 Social exclusion and exploitation, reducing poverty by tackling social exclusion

**Unit-IV: Inclusive Policy**

- 4.1 Current policies of protective discrimination
- 4.2 Constitutional safeguards to reduce social exclusion, Panchayati Raj and women empowerment
- 4.3 Subplan approach to tribal development

**Recommended Readings:**

- Thorat, S., Social Exclusion in India. Oxford
- DFID Report. Tackling Poverty by Reducing Social Exclusion
- Behera, D.K. and Pfeffer, G. Contemporary Society: Tribal Studies (VolI to VIII). NewDelhi: Concept Publishing Company.

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**Syllabus of Social Work for FYUGP under CBCS as per NEP-2020**  
**For the Examination to be held in the Dec. 2023, 2024 & 2025**

**SEMESTER-I**  
**(MINOR COURSE)**

**Course Code: UMISWT-102**

**Course Title: Social Exclusion and Inclusive Policy in India**

**Scheme of Examination:**

- (a) **Mid Term Examination** covering 50% of the syllabus: (to be conducted by course coordinator).  
**Time Duration- 1.5 Hour (15 Marks).**  
**Section- A** (5 marks) -Five Very Short Answer questions of 1 mark each to be attempted.  
**Section- B** (10 marks) -2 Long Answer questions of 5 marks to be attempted out of 3 given questions.
- (b) **External End Semester University Examination**  
**Time Duration- 03 Hours (60Marks).**  
**Section A:** Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory). **(4x3=12)**  
**Section B:** Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks. **(4x12= 48)**
- (c) **Tutorial/viva: 25 Marks**
- i. **Continuous Assessment** of 10 Marks will be done based on daily performance only.
  - ii. **External Examination** will be of 15 Marks. Course coordinator/ Subject teacherconcern will assign topic from the course to each student. On the topic assigned the student will be evaluated as follows for the assign topic:
    - ✓ Report 05 marks
    - ✓ Presentation 05 marks
    - ✓ Viva-Voce 05 marks

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**Syllabus of Social Work for FYUGP under CBCS as per NEP-2020**

**For the Examination to be held in the Dec. 2023, 2024 & 2025**

**SEMESTER-I**

**(Multidisciplinary (MD) Foundation Course)**

**Course Code: UMDSWT-103**

**Course Title: Social Sciences for Social Workers**

**Exam Duration: 03 Hours**

**Credits: 03**

**Total Marks: 75**

**End Semester Marks: 60**

**Mid Semester Marks: 15**

**Course Outcomes:**

- Understanding the components of social systems.
- Familiarity with the concept of social institutions.
- Understanding the relationship between Economics and Social Work, Political Science and Social Work and Anthropology and Social Work.

**Unit-I: Social Institutions**

- 1.1 Marriage: Meaning, Characteristics, Forms of Marriage, Mate Selection: Exogamy & Endogamy
- 1.2 Family; Meaning, Function of Family, Types of Family: Nuclear, Extended, Joint Family
- 1.3 Features of Modern Family and Trends

**Unit-II: Relationship between Economics and Social Work**

- 2.1 Examples from theory and Practice
- 2.2 Creation and distribution of wealth
- 2.3 Five Year Plans of India (with reference to social development and poverty alleviation programmes)

**Unit-III: Relationship between Political Science and Social Work**

- 3.1 Definition of Politics in terms of state, power, resolution of conflicts
- 3.2 Concepts of Rights, Liberty, Justice and Equality, Power, Authority, Legitimacy, Totalitarianism and Autocracy.
- 3.3 A critique of the Marxian theory of class. Communism, Fabian socialism, elites and masses, Power structure, classical theories of democracy.

**Unit-IV: Relationship between Anthropology and Social Work**

- 4.1 Tribal society, towards a systematic view, kinship, descent and social structure, marriage, family, and community
- 4.2 Development programmes and their impact on tribal population.
- 4.3 Dislocation and resettlement, future directions of work in this area, Tribal population and development.



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**Syllabus of Social Work for FYUGP under CBCS as per NEP-2020**  
**For the Examination to be held in the Dec. 2023, 2024 & 2025**

**SEMESTER-I**

**(Multidisciplinary (MD) Foundation Course)**

**Course Code: UMDSWT-103**

**Course Title: Social Sciences for Social Workers**

**Recommended Readings:**

- Bhushan, Vidya and D.R. Sachdeva. An Introduction of Sociology. Allahabad: Kitab Mahal, 1989.
- Davis, Kingsley. Human Society. Delhi: Surjeet Publications, 1981
- Deva, Indra and Shrirama. Society and Culture in India: Their Dynamics through the Ages, Jaipur: Rawat Publications, 1999.
- Haralambos, M. Sociology: Themes and Perspectives. Delhi: Oxford University Press, 2013
- Jayapalan. N. Indian Society and social Institutions. Vol 1 & 2. New Delhi: Atlantic Publisher and Distributors, 2001.
- Johnson, Harry M. Sociology: A Systematic Introduction. New Delhi: Allied Publishers, 2003.
- Kapoor, B.K. Indian Society: Structure and Change. Jaipur: Ritu Publications, 2013.
- Patil, S.N. Handbook of Sociology. Jaipur: Vital Publications, 2007.
- Rao, C. N. Shankar. Sociology. New Delhi: S. Chand and Company Ltd, 1993.
- Rawat, H. K. Sociology: Basic Concepts. Jaipur: Rawat Publications, 2007.
- Singh, K. Principles of Sociology. Lucknow: Prakashan Kendra, 1999

**Scheme of Examination:**

- (a) Mid Term Examination covering 50% of the syllabus: (to be conducted by course coordinator).  
**Time Duration- 1.5 Hour (15 Marks).**  
Section- A (5 marks) -Five Very Short Answer questions of 1 mark each to be attempted.  
Section- B (10 marks) -2 Long Answer questions of 5 marks to be attempted out of 3 given questions.
- (b) External End Semester University Examination  
**Time Duration- 03 Hours (60 Marks)**  
**Section A:** Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory). **(4x3=12)**  
**Section B:** Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks. **(4x12= 48)**

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**For the Examination to be held in the Dec. 2023, 2024 & 2025**  
**SEMESTER- I**  
**(Skill Enhancement Course (SEC))**

**Course Code: USESWT-104**  
**Course Title: Fundamentals of Medical Social Work**  
**Exam Duration: 2.5 Hours**

**Credits: 02**  
**Total Marks: 50**  
**End Semester Marks: 40**  
**Mid Semester Marks: 10**

**Course Outcomes:**

- Understand the roles and functions of the social worker in health care settings.
- Gaining the knowledge of resources and services particularly in the rural area, to be utilized by consumers and medical social workers.
- Understanding the historical and current policy context as it shapes health care and the role of the social worker.
- Integrating the knowledge of the meaning of the illness, disability and loss for patients and families with general and clinical understanding of human behaviour and the life cycle to form a base of social work practice in health care settings.
- Understanding the ethical dilemmas related to health care.
- Understanding the holistic health care needs as it relates to diverse cultures and at-risk populations.

**Unit-I: Hospital Sociology**

- 1.1 Social Structure and functions of Hospital. Staffs in the Hospital
- 1.2 Functions of Physician, Doctor-patient relationship, Patient's rights and duties
- 1.3 Common problems in hospital and possible solutions, Community participation in hospital management.

**Unit-II: Health Care Delivery System in India**

- 2.1 Levels of Health Care, Health Care Delivery System in India.
- 2.2 Voluntary Health Agencies, Public-Private Partnership
- 2.3 National Health programmes and policies

**Unit-III: Social Work Practice in Health Care Setting**

- 3.1 Changing Face of Health Care Social Work, Functions of medical social worker
- 3.2 Standards, Values, and ethics in Clinical Health
- 3.3 Considerations & Methods for Health Care Social Workers, Documentation & Record Keeping in the Health Care Setting

**Recommended Readings:**

- Dhooper, S.S. 1997. Social Work in Health Care in the 21<sup>st</sup> Century. Thousand Oaks, CA: Sage
- Dziegielewska, S. F. 2004. The Changing Face of Health Care Social Work: Professional Practice in Managed Behavioral Health Care. New York: Springer.



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For the Examination to be held in the Dec. 2023, 2024 & 2025**

**SEMESTER- I**

**(Skill Enhancement Course (SEC))**

**Course Code: USESWT-104**

**Course Title: Fundamentals of Medical Social Work**

- Hasan, K.A. 1967. The Cultural Frontiers of Health in Village India. Bombay: Manaktalas.
- Kishore, J. 2007. National Health Program: National Policies and Legislations Related to Health (revised edition). New Delhi: Century Publications.
- Lynch, V. (ed.) 2000. HIV/AIDS at Year 2000: A Sourcebook for Social Workers. Boston: Allyn & Bacon
- Park, K. 2006. Park's Text Book of Preventive and Social Medicine (18<sup>th</sup> ed.) Jabalpur: Banarasidas Bhanot Publishers.
- Rothman, J.& J.S. Sager 1998. Case Management: Integrating Individual and Community Practice (2<sup>nd</sup> ed.). Boston: Allyn & Bacon

**Scheme of Examination:**

- (a) **Mid Term Examination** covering 50% of the syllabus: (to be conducted by course coordinator).  
**Time Duration- 1.5 Hour (10 Marks).**  
**Section- A** (5 marks) -Five Very Short Answer questions of 1 mark each to be attempted.  
**Section- B** (5 marks) -2 Long Answer questions of 5 marks to be attempted out of 3 given questions.
- (b) **External End Semester University Examination**  
**Time Duration- 2.5 Hours (40 Marks)**  
**Section A:** Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of 2.5 marks (All Compulsory) **(4X2.5 =10)**  
**Section B:** Six (06) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 10 marks. **(3X10 =30)**

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For the Examination to be held in the May 2024, 2025 & 2026  
SEMESTER-II**

S. No.	Course Type	Course Code	Course Title	Credits	Marks				Total Marks
					Theory		Practical/ Tutorial		
1.	Major	UMJSW T -201	Theories and Thinkers of Social Work	4 (3Th+1 P/T)	Mid Semester Exam: 15 marks	End Semester Exam: 60 Marks	Assessment: 10 Marks	Exam: 15 Marks	100
2.	Minor	UMISWT - 202	Rural Development in J&K	4 (3Th+1 P/T)	Mid Semester Exam: 15 marks	End Semester Exam: 60 Marks	Assessment: 10 Marks	Exam: 15 Marks	100
3.	Multidisciplinary	UMDSWT - 203	Human Growth and Development	3	Mid Semester Exam: 15 marks		End Semester Exam: 60 Marks		75
4.	Skill Enhancement	USESWT - 204	Social Policy and Social Development	2	Mid Semester Exam: 10 marks		End Semester Exam: 40 Marks		50

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**For the Examination to be held in the May 2024, 2025 & 2026**

**SEMESTER- II**  
**(MAJOR COURSE)**

**Course Code: UMJSWT-201**

**Course Title: Theories and Thinkers of Social Work**

**Exam Duration: 03 Hours**

**Tutorial/viva: 25 Marks**

**Credits: 04**

**Total Marks: 100**

**End Semester Marks: 60**

**Mid Semester Marks: 15**

**Course Outcomes:**

- Understand the concepts of society
- Understand the contemporary theories and how they bring about social changes
- Familiarize students about social reformers in India
- Gain knowledge about the social reform movement in the context of social work

**Unit-I: Indian Society**

- 1.1 Traditions, Culture
- 1.2 Norms & Values, Beliefs
- 1.3 Unity in Diversity
- 1.4 Major transformation in Traditions and Culture

**Unit-II: Theories**

- 2.1 Modernization, Post-Modernism
- 2.2 Globalization, Nationalism
- 2.3 Feminism, Socialism, Multiculturalism

**Unit-III: Social Reformers**

- 3.1 Jyotiba Phule & Savitribhai Phule
- 3.2 B. R Ambedkar, Mahatma Gandhi
- 3.3 Raja Ram Mohan Roy, Ramakrishna Paramhansa

**Unit-IV: Social Reform Movements**

- 4.1 Chipko Movement
- 4.2 Anti-Corruption Movement
- 4.3 Nirbahya Movement
- 4.4 MeToo Movement
- 4.5 Dalit Movement

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**SEMESTER- II**

**(MAJOR COURSE)**

**Course Code: UMJSWT-201**

**Course Title: Theories and Thinkers of Social Work**

**Recommended Readings:**

- Passmore, K. 2002. Fascism: A Very Short Introduction, Oxford University Press.
- Rattansi, A. 2011, Multiculturalism: A Very Short Introduction, Oxford University Press.
- Ritzer, G. 2011. Sociological Theory, McGraw Hill Publication
- Shah, A. M. 1998, The Family in India: Critical Essays. Orient Longman.
- Singer, P. 2001. Marx: A Very Short Introduction, Oxford University Press.
- Singh, P. 2017. Multiculturalism: The Essence of Indian Culture, Vitastaa Publishing Pvt. Ltd.
- Tagore, R. 2011. Nationalism, Fingerprint Publishing.
- Reamer, F. G. (1999), Social Work Values and Ethics, Rawat Publications
- Reichert, E. (2003), Social Work & Human Rights: A Foundation for Policy and Practice, Columbia University Press
- Ross, M.G. (1967), Community Organization: Theory, Principles and Practice, Harper & Row.
- Siddiqui, H. Y. (1997), Working with Communities/ Community Organization and Social Action, Hira Publications.
- Pathak, S. (2013), Social Policy, Social Welfare and Social Development, Niruta Publications.

**Scheme of Examination:**

- (a) **Mid Term Examination** covering 50% of the syllabus: (to be conducted by course coordinator).

**Time Duration- 1.5 Hour (15 Marks).**

**Section- A (5 marks)** -Five Very Short Answer questions of 1 mark each to be attempted.

**Section- B (10 marks)** -2 Long Answer questions of 5 marks each to be attempted out of 3 given questions.

- (b) **External End Semester University Examination**

**Time Duration- 03 Hours.(60 Marks).**

**Section A:** Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory). (4x3=12)

**Section B:** Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks. (4x12= 48)

- (c) **Tutorial/viva: 25 Marks**

i. **Continuous Assessment** of 10 Marks will be done based on daily performance only.

ii. **External Examination** will be of 15 Marks. Course coordinator/ Subject teacher concern will assign topic from the course to each student. On the topic assigned the student will be evaluated as follows for the assign topic:

- ✓ Report 05 marks
- ✓ Presentation 05 marks
- ✓ Viva-Voce 05 marks

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**For the Examination to be held in the May 2024, 2025 & 2026**

**SEMESTER- II**

**(MINOR COURSE)**

**Course Code: UMISWT-202**

**Course Title: Rural Development in J&K**

**Exam Duration: 03 Hours**

**Tutorial/viva: 25 Marks**

**Credits: 04**

**Total Marks: 100**

**End Semester Marks: 60**

**Mid Semester Marks: 15**

**Course Outcomes:**

- Understanding the topography of Jammu and Kashmir.
- Understanding the rural issues and realities.
- Critical understanding of the various government programmes implemented in the rural areas.
- Understanding the concept of urbanism and impact of Urban Community Development Programs in India.

**Unit-I: Rural Development: Concept and History**

- 1.1 Concept of rural development
- 1.2 Composition of rural population in J&K
- 1.3 Evolution of rural development in J&K

**Unit-II: Issues in Rural Development in J&K**

- 2.1 Agriculture as a driver of rural livelihoods and economic growth
- 2.2 Evolution of land reforms in J&K
- 2.3 Impact of land reforms in J&K

**Unit-III: Role of Cooperatives in rural development**

- 3.1 Cooperative Structure in J&K
- 3.2 Role of Cooperatives to economic development of rural women
- 3.3 Growth of Rural Tourism in J&K

**Unit-IV: Rural Development programmes in J&K**

- 4.1 MGNREGA- Concept, status and challenges
- 4.2 NRLM-Concept, status and challenges
- 4.3 NRHM-Concept, status and challenges
- 4.4 Skill Development Mission

**Recommended Readings:**

- Dhaliwal. S.S, 2001, Good Governance in Local Self Government, Deep and Deep Publications
- Henderson, Jones and Thomas, 1980. The Boundaries of Change in Community Work, George Allen and Unwin, London.
- Midagley, J and others, 1986, Community Participation, Social Development and the State, Methuen and Co Limited, New York
- Rao, G.S. 2000, Urban Development with Community Initiatives: Retrospect and Prospect, Atlantic Publishers and Distributor, New Delhi.
- Singh, Jasbir, The Economy of Jammu & Kashmir, New Delhi: Saksham Books International, 2019



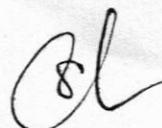
**UNIVERSITY OF JAMMU**  
**Syllabus of Social Work for FYUGP under CBCS as per NEP-2020**  
**For the Examination to be held in the May 2024, 2025 & 2026**

**SEMESTER- II**  
**(MINOR COURSE)**

**Course Code: UMISWT-202**  
**Course Title: Rural Development in J&K**

**Scheme of Examination:**

- (a) **Mid Term Examination** covering 50% of the syllabus: (to be conducted by course coordinator).  
**Time Duration- 1.5 Hour (15 Marks).**  
**Section- A** (5 marks) -Five Very Short Answer questions of 1 mark each to be attempted.  
**Section- B** (10 marks) -2 Long Answer questions of 5 marks each to be attempted out of 3 given questions.
- (b) **External End Semester University Examination**  
**Time Duration- 03 Hours.(60Marks).**  
**Section A:** Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory). **(4x3=12)**  
**Section B:** Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks. **(4x12= 48)**
- (c) **Tutorial/viva: 25 Marks**
- i. **Continuous Assessment** of 10 Marks will be done based on daily performance only.
  - ii. **External Examination** will be of 15 Marks. Course coordinator/ Subject teacher concern will assign topic from the course to each student. On the topic assigned the student will be evaluated as follows for the assign topic:
    - ✓ Report 05 marks
    - ✓ Presentation 05 marks
    - ✓ Viva-Voce 05 marks



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**SEMESTER- II**  
**(Multidisciplinary (MD) Foundation Course)**

**Course Code: UMDSWT-203**  
**Course Title: Human Growth and Development**  
**Exam Duration: 03 Hours**

**Credits: 03**  
**Total Marks: 75**  
**End Semester Marks: 60**  
**Mid Semester Marks: 15**

**Course Outcomes:**

- Developing and overall understanding of the principles of growth, their relevance and
- Application to behaviour at various phases in life span.
- Developing sensitivity towards needs, developmental tasks and health status along with need for developmental programmes for the same.
- Apply the information of growth, development and health in social work practice in general and to individuals, groups and communities in particular

**Unit-I: Life span perspectives**

- 1.1 Stages of life span, Principles of Growth and Development
- 1.2 Role of heredity and environment
- 1.3 Personality: Concept and theories of personality

**Unit-II: Growth and development in Humans**

- 2.1 In prenatal, infancy, babyhood, childhood, late childhood
- 2.2 Characteristics and Development tasks with reference to early adulthood, middle age
- 2.3 Characteristics and Development tasks with reference to old age periods

**Unit-III: Family life cycle**

- 3.1 Stages and task of family life cycle
- 3.2 Contemporary family problems
- 3.3 Family welfare for family well-being

**Unit-IV: Family life enrichment programmes**

- 4.1 Ideology of family rights and responsibilities
- 4.2 Family life education in India-Needs, settings, and training opportunities
- 4.3 Developing resiliency in contemporary Indian families

**Recommended Readings:**

- Harlock, E. B, Child Development
- Harlock E. B., Developmental Psychology
- Abrahan Sperling & H.S. Gill, Psychology Made Simple
- Akhilananda, 1952, Mental Health & Hindu Psychology. London: George AllenUnwin
- Bedi, Y., Hygiene and public Health



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**SEMESTER- II**

**(Multidisciplinary (MD) Foundation Course)**

**Course Code: UMDSWT-203**

**Course Title: Human Growth and Development**

- ✓ Coleman, J. C., Abnormal Psychology and Modern Life.
- ✓ Erikson., Child Psychology
- ✓ Kuppaswamy, B., Child Behaviour and Development
- ✓ Lawrence Lowry, Psychiatry for Social Workers.
- ✓ Morgan & King, Psychology
- ✓ M.C. Durrent & M. K. Bhoota, An Introduction to Child Development
- ✓ Park, J. E., A Text Book of Preventive Social Medicine
- ✓ Rayer, E. B., Human Development
- ✓ Ruch, F. L., Psychology and Life
- ✓ Thomson; Child Psychology
- ✓ Uday Sankar, Problem Children
- ✓ Chowhury, A., et al., Family life education in India- Perspectives, Challenges and Application. Jaipur: Rawat Publication.
- ✓ Baral, J.K and A. Chowdhury, Family in Transition: Power and Development, New Delhi: Northern Book Centre
- ✓ Khasgiwala, A. 1993. Family Dynamics: Social work Perspectives, New Delhi: Anmol.
- ✓ Uberoi, P. 2000. The Family in India: Beyond the Nuclear versus joint Debate, Occasional Paper in Sociology, New Delhi: Institute of Economic Growth

**Scheme of Examination:**

- (a) Mid Term Examination covering 50% of the syllabus. (to be conducted by course coordinator).  
**Time Duration- 1.5 Hour (15 Marks).**  
**Section- A (5 marks)** -Five, Very Short Answer questions of 1 mark each to be attempted.  
**Section- B (10 marks)** -2 Long Answer questions of 5 marks each to be attempted out of 3 given questions.
- (b) External End Semester University Examination  
**Time Duration- 03 Hours (60 Marks).**  
**Section A:** Four (04) short answer questions representing all units syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory). (4x3=12)  
**Section B:** Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks. (4x12= 48)

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**SEMESTER- II**  
**(Skill Enhancement Course (SEC))**

**Course Code: USESWT-204**  
**Course Title: Social Policy and Social Development**  
**Exam Duration: 2.5 Hours**

**Credits: 02**  
**Total Marks: 50**  
**End Semester Marks: 40**  
**Mid Semester Marks: 10**

**Course Outcomes:**

- Understanding the concept, process, indicators and determinants of social development
- Developing capacity to formulate strategies necessary for social development

**Unit-I: Understanding Social Policy**

- 1.1 Social policy: Concept and significance
- 1.2 Social policy and social welfare policy
- 1.3 Models of Social policy
- 1.4 Social Policy of India

**Unit-II: Introduction to Social Development**

- 2.1 Concept of Social development
- 2.2 Theories of Development
- 2.3 Models of Social Development
- 2.4 Perspectives of social development: Gandhi, Vinoba and Ambedkar

**Unit-III: Contemporary Concerns Related to Social and Human Development**

- 3.1 Globalization, human development, sustainable development and social work
- 3.2 Problems of social and human development in India
- 3.3 Approaches and strategies- Growth with equity, minimum needs and quality of life.
- 3.4 Overview of Human Development reports with special reference to India.

**Recommended Readings:**

- Gore, M.S. 1973 Some Aspects of Social Development, Bombay, TISS.(Unit 1)
- Kulkarni, P.D. 1979 Social Policy and Social Development in India, Madras, ASSWI. (Unit 1&2)
- Pathak, S. 1981 Social Welfare: An Evolutionary and Developmental Perspective, Delhi, MacMillan India. (Unit 2&3)
- Kulkarni, P.D. 1965 Social Policy in India, Bombay, Tata Institute of Social Sciences. (Unit 3&4)
- Kulkarni, P.D. & Nanavatty, M.C 1997 Social Issues in Development, Delhi, Uppal Publications. (Unit 5)
- Midgle, James 1995 Social Development, Delhi sage Publications. (Unit 4)
- Booth, David 1994 Rethinking Social Development, London, Longman. (Unit 3)
- Titmus Richard M. 1974 Social Policy, London, George Allen & Unwin Ltd. (Unit 1)
- Chileote, Ronald H. 1984 Theories of Development and Under Development, London, WestView Press. (Unit 2)
- Singh, R.R 1995 Whither Social Development, New Delhi. ASSWI. (Unit 3&4)

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**SEMESTER- II**

**(Skill Enhancement Course (SEC))**

**Course Code: USESWT-204**

**Course Title: Social Policy and Social Development**

- Bhat, K.S. ed, 2008 Towards Social development, Delhi, Rawat Publications.(Unit 2,3&4)
- Spicker Paul 2010 Social Policy Themes and approaches, Delhi Jaipur, Rawat Publications. (Unit 1)
- Drez Jean and Sen Amartya 2007 Indian Development, New Delhi, Oxford University Press (Unit 4)

**Scheme of Examination:**

- (a) Mid Term Examination covering 50% of the syllabus: (to be conducted by course coordinator).

**Time Duration- 1.5 Hour (10 Marks).**

**Section- A (5 marks) -Five Very Short Answer questions of 1 mark each to be attempted.**

**Section- B (5 marks) -2 Long Answer questions of 5 marks to be attempted out of 3 given questions.**

- (b) External End Semester University Examination

**Time Duration- 2.5 Hours.(40 Marks).**

**Section A:** Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (2.5) marks (All Compulsory). (4X2.5 =10)

**Section B:** Six (06) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 10 marks. (3X10 =30)