

## **Workshops, Interactive Sessions, Outreach Programme & Extension activities of the Department**

1. 'Parent Empowerment Programme' organized on the topic "Parenting in Early Childhood years in the Department of Home Science on 19<sup>th</sup> September, 2023
2. A two-day workshop on "Harnessing Play for Developmental Stimulation" was organized by the Department of Home Science, University of Jammu in collaboration with National Institute for Public-Cooperation and Child Development (NIPCCD) in the 25<sup>th</sup> – 26<sup>th</sup> August, 2023
3. Awareness Programme on "Anti ragging Laws" organized by the Department of Home Science in collaboration with District Legal Services on 22<sup>nd</sup> August, 2023
4. Independence Day Celebrations held in Surabhi Nursery School & Day Care Centre, Department of Home Science on 14<sup>th</sup> August, 2023
5. Balvatika Plantation drive was held in the Department of Home Science on 14<sup>th</sup> August 2023, children of Surabhi Nursery School & Day Care Centre engaged actively in the Plantation Drive.
6. As a part of outreach activity, Department of Home Science organized one day visit to 'GURUKUL' Institute, Shri Mata Devi Shrine Board (SMVD), Ban Ganga, Katra for the Master students of the Department on 4<sup>th</sup> August 2023
7. Awareness Generation Programme organized for adolescent girls and their mothers on the topics: "Good Touch & Bad- Touch" & "Child Labour" & "Parenting" at Maratha Basti near Railway Station, Jammu by the Department of Home Science in collaboration with CHILDLINE India Foundation on 8<sup>th</sup> April, 2023

8. Five-day Outreach Programme on “Primary Health Care for Senior Citizens” organized by the Department of Home Science in collaboration with National Institute of Social Defence, Social Justice & Empowerment, GoI and ‘ANUGRAHA’ Regional Resource & Training Centre on Ageing, 15<sup>th</sup> - 19<sup>th</sup> March, 2023
9. “National Girl Child Day” celebrated in the Department of Home Science on 23<sup>rd</sup> & 24<sup>th</sup> January 2023. Events organized were ‘Poster Making competition’ & ‘Panel discussion’.
10. Interactive session on “Key Aspects of School Counselling” organized by the Department of Home Science on 5<sup>th</sup> August, 2023 by Resource person: Ms. Shreya Abrol, Child Counselor
11. Gender Sensitization workshop organized by the Department of Home Science in collaboration with Centre for Women Studies, JU on 7<sup>th</sup> September 2022
12. Interactive session on “Human Rights of Person with Disabilities” organized by the Department of Home Science in collaboration with HRDC, JU on 4<sup>th</sup> March, 2022, Resource person: Sh. Javed Tak, Padam Shri and Founder Humanity organization, Kashmir & Ms. Sandhya Dhar, Nari Shakti Awardee and President, JIGER NGO Jammu
13. Celebration of International Women’s Day held in the Department of Home Science by Unveiling a Portrait of Padmabhushan Tarabai Modak on 8<sup>th</sup> March 2022
14. Celebration of National Girl Child Day by organizing a talk on the topic “Celebrating Girlhood” Resource person: Dr. Manju Dhoundiyal, NIPCCD, GoI on 24<sup>th</sup> January, 2022
15. Awareness Generation Programme organized for adolescent girls and their mothers on the topic: “Parenting” at Maratha Basti by the Department of

Home Science in collaboration with CHILDLINE India Foundation in January, 2022

16. A Week-long workshop for “MOOC & e-content Development” organized by the Department of Home Science in collaboration with HRDC, JU from 20<sup>th</sup> -24<sup>th</sup> December, 2021
17. An extension activity to celebrate “CHILDLINE se Dosti week” organized by the Department of Home Science in collaboration with CHILDLINE India, J&K Foundation, J&K on 22<sup>nd</sup> November 2021
18. Gender Sensitization workshop organized by the Department of Home Science in collaboration with Centre for Women Studies, JU on 27<sup>th</sup> September 2021
19. Poster making competition held in the Department of Home Science to celebrate “Azadi ka Amrit Mahotsav” on 12<sup>th</sup> August 2021
20. Three-day online workshop “Towards inclusion of Persons with Disabilities” from 24<sup>th</sup>-26<sup>th</sup> June, 2021
21. Interactive session on “School Counselling” organized by the Department of Home Science by Resource person: Ms. Shreya Abrol, Child Counselor on 14<sup>th</sup> June 2021
22. One week Skill course “Understanding and Screening Learning Disabilities” organized in collaboration with the University Entrepreneurship and Skill Development Centre (UNESDC) University of Jammu from 10<sup>th</sup>-16<sup>th</sup> March, 2021
23. Interactive session on the “Sukoon ki Chah Lockdown Mein” held in the Dean Student Welfare, JU by Resource person: Dr. Geetanjali Kumar, Practicing Counselor in the month of August 2020
24. Awareness Generation Programme organized for adolescent girls and their mothers on the topic: “Child Abuse”, at Maratha Basti by the Department of

Home Science in collaboration with CHILDLINE India Foundation in January, 2020

25. As a part of outreach activity, Department of Home Science organised one day visit to the Govt. Middle School, Deon, Purmandal, District Samba to make teachers & students aware about the “Importance of play and Early Years” on 27<sup>th</sup> May, 2019
26. Awareness Programme on “Hygienic & Child Rearing Practices was organized by the Department of Home Science among folk of Fidali village , Pumandal, District Samba, on 27<sup>th</sup> May, 2019
27. Six Days Master Trainer Programme on “Adolescent Issues’ organized by the Department of Home science in collaboration with Directorate of Samagra Shiksha rom 25<sup>th</sup> -30<sup>th</sup> March2019
28. Parent- Teacher Interaction Programme held in the Department of Home Science for the parents for Master Students of P.G. Department of Home Science in the year 2019.
29. Gender Sensitization Programme organized by the Department of Home science among Adolescent girls of Higher Secondary School Block Purmandal, Samba on 11<sup>th</sup> December, 2018
30. Awareness Programme with ICDS functionaries organized by the Department of Home science in Block Purmandal on 11<sup>th</sup> December, 2018
31. Poster making competition on “Ensuring inclusiveness and Equality for the persons with special needs” held in Department of Home Science on 3<sup>rd</sup> December 2018
32. Parisar Safai Abhiyan organized by the Department of Home Science on 30<sup>th</sup> October, 2018

33. Interactive session on Guidance & Counselling organized in the Department of Home Science by Resource person: Dr. Romesh Kumar Head, Counselling Cell on 5<sup>th</sup> October 2018
34. Swachh Bharat Campaign organized by the Department of Home Science on 3<sup>rd</sup> October, 2018
35. Parent Empowerment Programme organized on the topic “Ensuring healthy Childhood: Role of Diet & Dental Hygiene” in the Department of Home Science in 2018
36. Under “Unnat Bharat Abhiyan”, Awareness Generation Activities were organized w.e.f. 2018-21 by the Faculty member
37. Awareness Generation Programme organized by the Department of Home science in collaboration with SOS Children Village at Gole Gujral on “Child Abuse and Child Labour”, “Beti Bachao Beti Padhao” to FSP Beneficiaries and problems faced by adolescent girls at Trilokpuri village on 24<sup>th</sup> & 25<sup>th</sup> May, 2018
38. One day workshop on “Early childhood Development, Orientation to Life Skills & Teaching aids” organized by the Department of Home science in collaboration with “CARE North” on 27<sup>th</sup> May, 2017
39. Awareness Generation Programme organized by the Department of Home science in collaboration with SOS Children Village at Gole Gujral on “Parenting Skills”, Gender Sensitization” and “Child Abuse” to FSP Beneficiaries at Trilokpuri village in the month of May, 2017
40. Parent Empowerment Programme organized on the topic “Parenting in Early Childhood years in the Department of Home Science on 9<sup>th</sup> May, 2017
41. “National Science Day” celebration for Hearing Impaired children organized by the Department of Home Science in collaboration with School for Hearing Impaired children, Shaheedi Chowk, Jammu on 27<sup>th</sup> February, 2017

42. Republic day Celebrations held in the Surbhi Nursery School & Day Care Centre, Department of Home Science on 25<sup>th</sup> January 2017
43. “Winter Carnival” organized by the Department of Home Science for the children of Surabhi Nursery school and their parents by the Department of Home Science on 20 December, 2017.
44. Poster making competition held on ‘National Girl Child Day’ in Department of Home Science on 24<sup>th</sup> January, 2017
45. Awareness Programme on “Childcare Practices and Parenting Skills” organized by the Department of Home science in collaboration with SOS Home, Gole Gujral on 28<sup>th</sup> June, 2016
46. Poster making & Slogan writing competition held in the Department of Home science on the occasion of ‘National Education Day’ on 11 November, 2016
47. Two-day Research Workshop on ‘Writing Proposals for Research Grants’ organized by Dean, Faculty of Science, University of Jammu & J&K State Science, Technology & Innovation Council from 30<sup>th</sup>-31<sup>st</sup> May 2016
48. Awareness Programme organized by the Department of Home science in collaboration with SOS Children in Village, Gole Gujral on “Child Rights and Child Abuse”, on 6<sup>th</sup> May, 2016
49. Awareness Generation Programme organized for Women & Anganwadi workers by the Department of Home science in collaboration with SOS Children Village, Gole Gujral on “Nutrition for low-cost diet for Mothers and Children” on 2<sup>nd</sup> May, 2016.

**GENERAL ORIENTATION COURSES/ REFRESHER COURSES  
organized by the Department:**

1. 5 Day Interdisciplinary Faculty Development Programme on theme “Developing Leadership Skills among Future Academic Leaders” organized by the Department of Home science in collaboration with HRDC, JU, 20<sup>th</sup>-24<sup>th</sup> February, 2023
2. 2 weeks Interdisciplinary Refresher course in Human Rights organized by the by the Department of Home science in collaboration with HRDC, JU, in 2022
3. 3 weeks General Orientation Programme for Faculty Development organized by the Department of Home science in collaboration with HRDC, JU, in 2022
4. 2 weeks Interdisciplinary Refresher course in Human Rights organized by the by the Department of Home science in collaboration with HRDC, JU, in 2021
5. 2 weeks Interdisciplinary Refresher course in Human Rights organized by the by the Department of Home science in collaboration with HRDC, JU, in 2019
6. 3 weeks Interdisciplinary Refresher course in Human Rights organized by the by the Department of Home science in collaboration with HRDC, JU, in 2018
7. 4 weeks General Orientation Programme for Faculty Development organized by the Department of Home science in collaboration with HRDC, JU, in 2018

8. 4 weeks General Orientation Programme for Faculty Development organized by the Department of Home science in collaboration with HRDC, JU, in 2017
9. 3 weeks Interdisciplinary Refresher course in Human Rights organized by the by the Department of Home science in collaboration with HRDC, JU, in 2017